Emerald Crest Dining Menu

Week of August 19th, 2019			
	Breakfast	Lunch	Dinner
Monday	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	Lasagna Roll Ups Veggies Garlic Breadstick Cookie	Sloppy Joe on Bun Potato Chips Carrot & Raisin Salad Fruit Cocktail
Tuesday	Waffles Margarine & Syrup Breakfast Sausage Chilled Juice	Turkey Cutlet w/ Gravy Mashed Potatoes Capri Blend Vegetables Ice Cream	Macaroni & Cheese Green Beans Dinner Roll Fresh Fruit
Wednesday	Oatmeal w/ Brown Sugar Wheat Toast Margarine & Jelly Chilled Juice	Polish Sausage & Sauerkraut Boiled Potatoes Carrots Brownie	Chicken Wild Rice Soup Roast Beef & Swiss Croissant Three Bean Salad Mandarin Oranges
Thursday	Scrambled Eggs Bacon Wheat Toast Margarine & Jelly Chilled Juice	Baked Chicken w/ Gravy Rosemary Roasted Potatoes Key West Veggies	BBQ Pork Patty Potato Wedges Corn Pineapple
Friday	Pancakes Margarine & Syrup Breakfast Sausage Chilled Juice	Fish of the Day Tartar Sauce Twice Baked Potatoes Veggies Cookie	Chicken Breast Red Potatoes Peas Berries
Saturday	Omelet Bacon Wheat Toast Margarine & Jelly Chilled Juice	Stuffed Chicken Garden & Wild Rice Blend Broccoli Pie	Tomato Soup Grilled Cheese Sandwich Coleslaw Grapes
Sunday	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Honey Citrus Ham Maple Glazed Sweet Potatoes Carrots Cream Puff	Seafood Pasta Salad over Lettuce Leaf Marinated Tomatoes Croissant Pears
*This menu is subject to	Chilled Juice		Croissant