| Resident Name: |
|----------------|
|----------------|

# This packet was made especially for you!

Hope you enjoy all the fun activities.

This is for the Week of July 20th, 2020.

**Current Season:** 

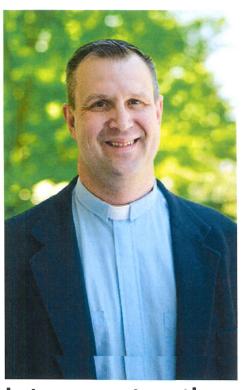


Next Holiday: Labor Day September 7th

# Emerald Crest Dining Menu



| Week of July 20th, 2020 |                                                                           |                                                                              |                                                                                               |  |
|-------------------------|---------------------------------------------------------------------------|------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|--|
|                         | Breakfast                                                                 | Lunch                                                                        | Dinner                                                                                        |  |
| Monday                  | Scrambled Eggs<br>Wheat Toast<br>Margarine & Jelly<br>Chilled Juice       | Lasagna Roll Ups<br>Veggies<br>Garlic Breadstick<br>Cookie                   | Sloppy Joe on Bun<br>Potato Chips<br>Carrot & Raisin Salad<br>Fruit Cocktail                  |  |
| Tuesday                 | <b>Waffles</b><br>Margarine & Syrup<br>Breakfast Sausage<br>Chilled Juice | Turkey Cutlet w/ Gravy Mashed Potatoes Capri Blend Vegetables Ice Cream      | Macaroni & Cheese<br>Green Beans<br>Dinner Roll<br>Fresh Fruit                                |  |
| Wednesday               | Oatmeal w/ Brown Sugar Wheat Toast Margarine & Jelly Chilled Juice        | Polish Sausage & Sauerkraut  Boiled Potatoes  Carrots  Brownie               | Chicken Wild Rice Soup<br>Roast Beef & Swiss Croissan<br>Three Bean Salad<br>Mandarin Oranges |  |
| Thursday                | Scrambled Eggs Bacon Wheat Toast Margarine & Jelly Chilled Juice          | Baked Chicken w/ Gravy<br>Rosemary Roasted Potatoes<br>Key West Veggies      | BBQ Pork Patty<br>Potato Wedges<br>Corn<br>Pineapple                                          |  |
| Friday                  | Pancakes<br>Margarine & Syrup<br>Breakfast Sausage<br>Chilled Juice       | Fish of the Day<br>Tartar Sauce<br>Twice Baked Potatoes<br>Veggies<br>Cookie | <b>Chicken Breast</b> Red Potatoes  Peas  Berries                                             |  |
| Saturday                | Omelet Bacon Wheat Toast Margarine & Jelly Chilled Juice                  | Stuffed Chicken<br>Garden & Wild Rice Blend<br>Broccoli<br>Pie               | Tomato Soup<br>Grilled Cheese Sandwich<br>Coleslaw<br>Grapes                                  |  |
| Sunday                  | Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice                | Honey Citrus Ham Maple Glazed Sweet Potatoes Carrots Cream Puff              | Seafood Pasta Salad over Lettuce Leaf Marinated Tomatoes Croissant Pears                      |  |



## From Pastor Arlen:

Remember all of the things that you have to be thankful for today....

your family and friends.....

your health.....

your home.....

all of the countless blessings that God has given you over the years.

#### Let us pray together:

Our Father who art in heaven, hallowed be thy name.

Thy kingdom come.

Thy will be done on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

For thine is the kingdom and the power, and the glory, forever and ever.

Amen.

#### **Holy Holy Holy**

Holy, Holy, Holy
Lord God Almighty.

Early in the morning, my song shall rise to Thee
Holy, Holy, Holy
Merciful and Mighty

God in Three Persons, Blessed Trinity

# HOLIDAYS IN THE 1950s

oreign travel was expensive in the 1950s. Most people went on summer holidays in their own country.

In Britain, seaside resorts
like Margate, Brighton and
Blackpool were popular.
People stayed in small bed and
breakfast (B&B) hotels, or in
Butlin's Holiday Camps.

Cycling and camping, or Youth Hostel holidays were especially popular with youngsters on limited incomes. Some families went on working holidays on farms, doing jobs like hop picking.

In the USA, beach holidays were also popular. Resorts like Coney Island or the Hamptons near New York drew huge crowds. People going on vacation by car often stayed at motels, such as Holiday Inn.

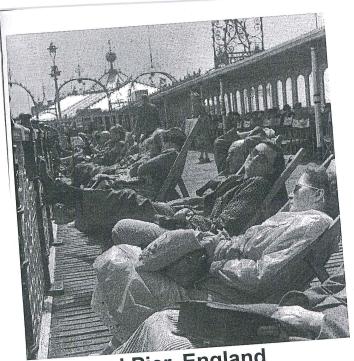
Las Vegas became a tourist hot spot, as gambling was legal there. Many American children went to summer camps. Some Americans could afford to travel further afield, to places like Cuba or Hawaii.

Do you remember an enjoyable holiday in the 1950s? Where did you go?



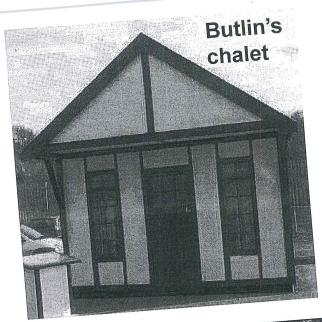
Postcard from Palm Springs, California

Source: "1950s Memory Lane" (large print) By: Hugh Morrison Montpelier Publishing 2017



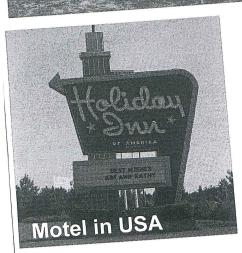
Blackpool Pier, England

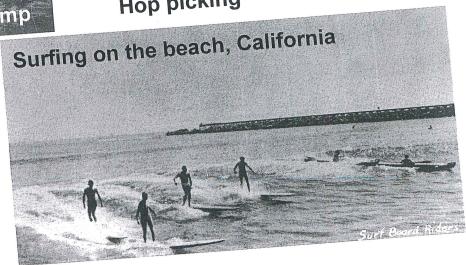






Hop picking



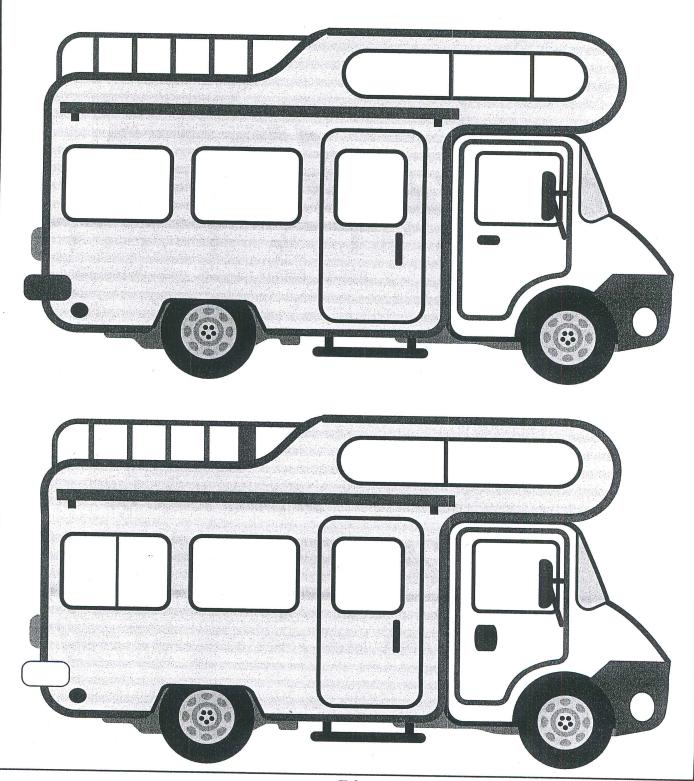


FIND THE DIFFERENCES

Source: "Easy Relaxing Puzzles"

By Joy Kinnest Publisher: Limic Books

# FIND 5 DIFFERENCES BETWEEN THE CAMPER VANS





#### Ironing

Who would do the ironing in your household?

Who kept the home running smoothly?

How would you share the family chores?

Many hours are spent doing household chores. Traditionally there are a variety of different chores to do around the home, but washing and ironing is the biggest job – especially in a large family. To keep on top of all this laundry there are specific washing and ironing days and great pride is taken to ensure that the schedule is followed.

Chores are often divided up between the family, everyone takes a role in keeping the household running as smoothly as possible, especially as more women go to work. If a mum has a job then she still has to be on top of the household chores, whilst also juggling the demands of work.

Some men embrace the ironing, and others complain while they do it. Getting the kids to help is even harder, but the offer of pocket money for a job well done can often help.

Steam irons were a relatively new addition, created by Thomas Sears, but only really becoming widely used in the 40s and 50s, as people began to realise how much easier ironing was with steam to help.

## FAMILY MEMBERS

Find the items in the word list in the square below

#### **WORD LIST:**

DAD MOM

**BROTHER** 

**AUNT** 

UNCLE

**NIECE** 

SISTER

**NEPHEW** 

T F F G Z R N B

UNCLEUER

N I E C E U P O

D Y S Y K O H T

A F I Z X X E H

D Y K J E H W E

A U N T M O M R

S I S T E R H C

Source: "Easy Relaxing Puzzles"
By Joy Kinnest

Publisher: Limic Books

### It's a Date

If only one piece of clothing could exemplify 1950s fashion for young women, it would be the poodle skirt. This full skirt was generally made of bright felt, with a poodle appliquéd to the lower section and a leash (often sparkly) winding up toward the waist. A sweater or blouse, scarf, ponytail, bobby socks, and saddle shoes most often completed the ensemble.



# DRAW THE PATH THAT TAKES YOU FROM START TO FINISH

Start



Finish

Source: "Easy Relaxing Puzzles" By Joy Kinnest Publisher: Limic Books

### Name a Kitchen Item Beginning with the letter ...

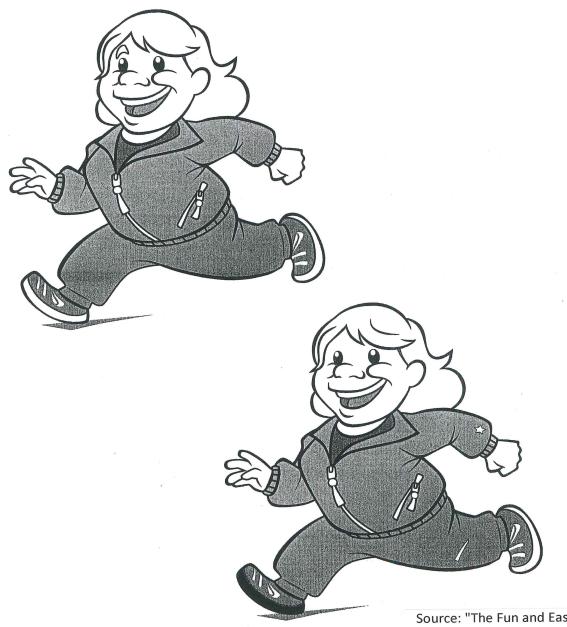
| A | N |  |
|---|---|--|
| В | 0 |  |
| С | Р |  |
| D | Q |  |
| E | R |  |
| F | S |  |
| G | T |  |
|   | U |  |
|   | V |  |
| J | V |  |
| K | X |  |
|   | Y |  |
| M | Z |  |

Source: "LIST IT!, Activity book for Dementia Patients

Total / 26

# FIND THE 5 DIFFERENCES

Find the 5 difference between the two pictures.



- 119 -

Source: "The Fun and Easy MEMORY
Activity Book for Adults"
By J.D. Kinnest
Publisher: Limic Books

## RHYME TIME

In this activity, the goal is to write down words that rhyme with the specific "given" word. Take some time to think of as many words as you can.

| List items | that rhyme with | "TRIP" |
|------------|-----------------|--------|
| -          |                 |        |
|            |                 |        |
|            |                 |        |









# List items that rhyme with "FUN"







Source: "The Fun and Easy MEMORY Activity Book for Adults" By J.D. Kinnest Publisher: Limic Books - 82 -

