

Resident Name: \_\_\_\_\_

**This packet was made  
especially for you!**

Hope you enjoy all the fun activities.

**This is for the Week of September 28th, 2020.**

Current Season:



Next Holiday: Halloween October 31<sup>st</sup>



# Emerald Crest Dining Menu

Week of September 28th, 2020

	Breakfast	Lunch	Dinner
<b>Monday</b>	<b>Scrambled Eggs</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Chicken Chow Mein over Rice</b> Oriental Vegetable Mini Vegetable Egg Roll Cookie	<b>French Bread Cheese Pizza</b> Marinara Dipping Sauce Lettuce Salad with Dressing Fruit Cocktail
<b>Tuesday</b>	<b>French Toast</b> Margarine & Syrup Breakfast Sausage Chilled Juice	<b>Goulash</b> Green Beans Dinner Roll Ice Cream	<b>Garden Vegetable Soup</b> <b>Turkey Salad on Croissant</b> Fresh Fruit
<b>Wednesday</b>	<b>Oatmeal w/ Brown Sugar</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Chicken Alfredo with Pasta</b> Normandy Blend Vegetables Breadstick Cake	<b>Cheeseburger on Bun</b> Lettuce & Tomato Potato Salad Watermelon
<b>Thursday</b>	<b>Waffles</b> Margarine & Syrup Bacon Chilled Juice	<b>Salisbury Steak</b> Mashed Potatoes Key West Veggies Bar	<b>Cheese Tortellini</b> Broccoli Garlic Toast Mandarin Oranges
<b>Friday</b>	<b>Pancakes</b> Margarine & Syrup Breakfast Sausage Chilled Juice	<b>Baked Fish</b> Tartar Sauce Potato Pancake Carrots Pound Cake with Blueberries	<b>Tator Tot Casserole</b> French Green Beans Dinner Roll Fresh Fruit
<b>Saturday</b>	<b>Cream of Wheat</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Chicken Casserole</b> Broccoli Dinner Roll Cheesecake	<b>Baked Chicken Breast</b> Potato Wedges Veggies Grapes
<b>Sunday</b>	<b>Omelet</b> Wheat Toast Margarine & Jelly Bacon Chilled Juice	<b>Pork Roast</b> Maple Glazed Sweet Potatoes Wax Beans Pie	<b>BBQ Beef Brisket on Bun</b> Pasta Salad Baked Beans Mixed Fruit

\*This menu may be subject to change.

Week 1





## From Pastor Arlen:

Remember all of the things that you have to be thankful for today....

your family and friends.....

your health.....

your home.....

all of the countless blessings that God has given you over the years.

### Let us pray together:

Our Father who art in heaven, hallowed be thy name.

Thy kingdom come.

Thy will be done on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

For thine is the kingdom and the power, and the glory, forever and ever.

Amen.

### John 3:16

For God so loved the world, that He gave His only begotten Son. That whosoever believeth in Him shall not perish but have everlasting life.

Name a **Dog Breed** Beginning with the letter ...

<b>A</b>		<b>N</b>	
<b>B</b>		<b>O</b>	
<b>C</b>		<b>P</b>	
<b>D</b>		<b>Q</b>	
<b>E</b>		<b>R</b>	
<b>F</b>		<b>S</b>	
<b>G</b>		<b>T</b>	
<b>H</b>		<b>U</b>	
<b>I</b>		<b>V</b>	
<b>J</b>		<b>W</b>	
<b>K</b>		<b>X</b>	
<b>L</b>		<b>Y</b>	
<b>M</b>		<b>Z</b>	

Total / 26

Source: "LIST IT!, Activity book for  
Dementia Patients"



Place where people live that is smaller than a city...  
(hamlet, town, village)

---

A person, place or thing in a sentence...  
(noun, subject, verb)

---

The colour of mud...  
(black, brown, red)

Opposite of open...  
(close, shut, slam)

---

Something you use to water the garden...  
(bucket, can, hose)

---

A flower usually given on Valentine's Day...  
(daisy, lily, rose)

An opening for something...  
(exit, gap, hole)

---

A point scored in soccer...  
(advantage, goal, shot)

---

A small, furry animal that tunnels underground...  
(gopher, mole, rabbit)

Three strikes in baseball...

(foul, out, walk)

\_\_\_\_\_

Something you do when you do not get your way...

(frown, pout, sulk)

\_\_\_\_\_

A plant that starts to grow from a seed...

(alfalfa, shoot, sprout)

A drink made from milk and ice cream...

(float, malt, shake)

\_\_\_\_\_

An earth tremble...

(quake, tsunami, volcano)

\_\_\_\_\_

To disturb someone's sleep...

(rouse, stir, wake)

Yellowstone and Yosemite...

(bears, minerals, parks)

\_\_\_\_\_

A dog does this to get attention...

(barks, paws, whines)

\_\_\_\_\_

Flashes of light caused by static electricity...

(flares, sparks, twinkles)

# WORD SEARCH...

## SKI TRIP

Find the words below in the letter grid. Words may be hidden in an across, down, or diagonal direction. Also, the words may be spelled forwards or backwards.

### Word List:

DOWNHILL

MOGULS

SKIS

SLOPES

LODGE

BOOTS

ICE

GLOVES

JACKET

POLES

GOGGLES

LIFT

HELMET

FREESTYLE

SNOW

E	X	S	E	P	O	L	S	B	S	E	L	G	G	O	G
L	S	B	T	H	K	W	O	P	C	Q	L	W	X	N	Z
Y	E	O	S	F	B	M	O	G	U	L	S	D	E	C	I
T	L	O	K	D	I	Z	O	T	I	S	Y	W	T	O	E
S	O	T	I	L	V	L	E	H	E	E	Y	O	E	I	X
E	P	S	S	L	X	M	N	V	U	G	I	N	K	C	R
E	W	L	G	B	L	W	O	R	Z	D	U	S	C	F	W
R	J	A	L	E	O	L	L	Z	Z	O	W	V	A	Q	P
F	O	G	H	D	G	P	H	F	G	L	K	E	J	Z	F



# MUSIC IN THE 1950s

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**W**hen the 1950s started, jazz, swing and 'crooners' were popular.

Frank Sinatra, Frankie Laine, Johnny Ray and Harry Belafonte were some of the best loved crooners, with many fans.

Jazz singers such as Louis Armstrong and Ella Fitzgerald continued to perform with the 'big bands' of earlier years. As the decade progressed, rock and roll became popular with teenagers.

Bill Haley and the Comets had a hit with *Rock Around*

*the Clock* and other rock and roll acts soon became stars, including Elvis Presley and Buddy Holly.

Well known female singers of the 1950s included Doris Day, Peggy Lee and Patsy Cline.

Long playing records (LPs) played at 33 rpm took over from the old '78s', so more music could fit on a record. Pocket transistor radios became available, so people could listen to music anywhere.

What music did you listen to in the 1950s?



**Harry  
Belafonte**



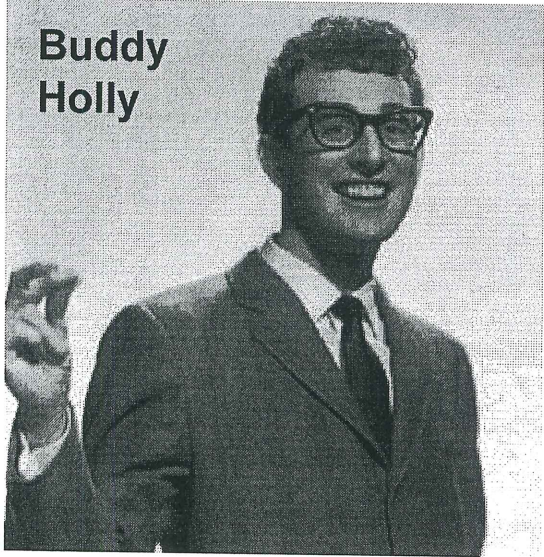
**Louis  
Armstrong**

Source: "1950s Memory Lane"  
(large print)

By: Hugh Morrison  
Montpelier Publishing 2017



**Buddy  
Holly**



Hydra Records

**Bill Haley and the Comets**



**Elvis Presley**

**Patsy  
Cline**



**Doris  
Day**

Source: "1950s Memory Lane"  
(large print)

By: Hugh Morrison  
Montpelier Publishing 2017



## WORD SEARCHES

# THE BODY

Find the items in the word list in the square below

### WORD LIST:

ARM

HEART

FACE

NECK

LEG

FOOT

HAND

BRAIN



Source: "Easy Relaxing Puzzles"

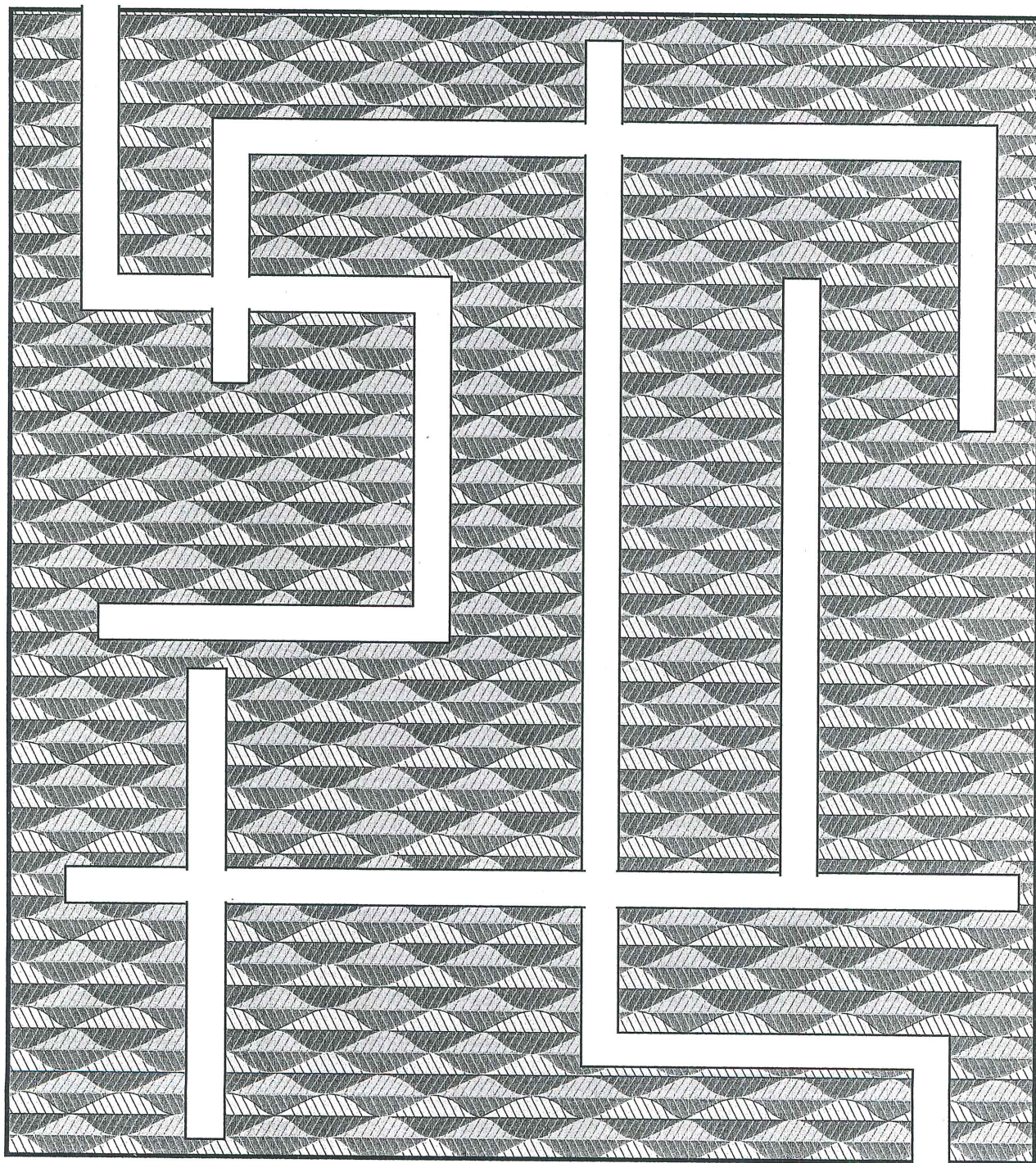
By Joy Kinnett

Publisher: Limic Books



# DRAW THE PATH THAT TAKES YOU FROM START TO FINISH

# Start



Source: "Easy Relaxing Puzzles"

By Joy Kinneest

Publisher: Limic Books

# Finish



# Song of the Week

## America The Beautiful



Oh beautiful, for heroes proved,  
In liberating strife,  
Who more than self, THEIR country loved,  
And mercy more than life,

America, OH America, may God thy gold refine,  
Till all success be nobleness  
And every gain devined.

And you know when I was in school,  
We used to sing it something like this, listen here:

Oh beautiful, for spacious skies,  
For amber waves of grain,  
For purple mountain majesties,  
Above the fruited plain,

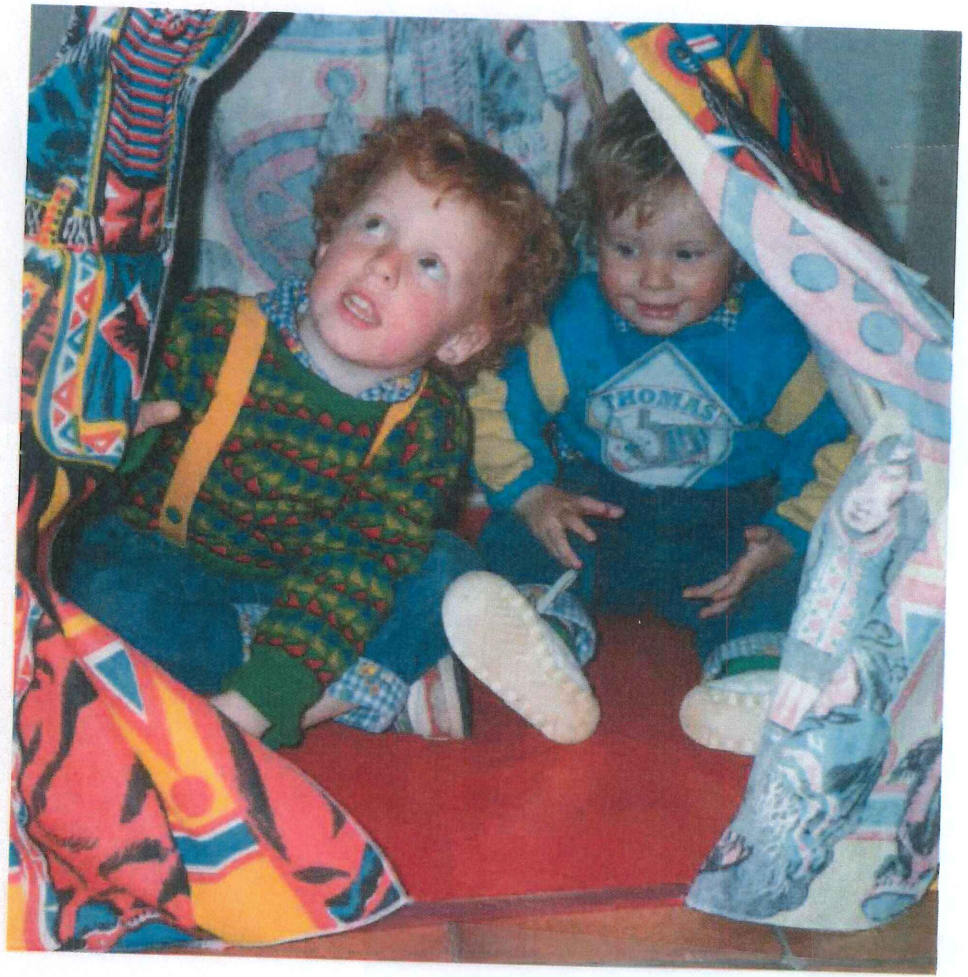
But now wait a minute, I'm talking about  
America, sweet America,  
You know, God done shed his grace on thee,  
He crowned thy good, yes he did, in a brotherhood,  
From sea to shining sea.

You know, I wish I had somebody to help me sing this  
(America, America, God shed his grace on thee)  
America, I love you America, you see,  
My God he done shed his grace on thee,  
And you oughta love him for it,  
Cause he, he, he, he, crowned thy good,  
He told me he would, with brotherhood,  
(From sea to shining sea).  
Oh Lord, oh Lord, I thank you Lord  
(Shining sea).

Source: [LyricFind](#)

Songwriters: Katherine Bates / Alexander Courage / Samuel Ward

America The Beautiful lyrics © Warner Chappell Music, Inc, Universal Music Publishing Group



## **Pillow Fort**

**Did you ever build a pillow fort on your own or with friends?**

**What other games would you play as a child?**

**Did you have a favourite toy?**

Rainy days at home are just no fun at all. Not being able to go outside and ride around or play in the park. But then an idea would strike, to build a pillow fort! Many happy hours could be spent building the fort in the front room using every available pillow, cushion, sheet or anything else that could be found. Chairs and tables would be used to hold the structure in place, everything precariously balanced on top of each other.

Each fort would be a labyrinth of compartments and passages. Once built, the fort would become a place to share secrets, play games and maybe enjoy a secret snack, which had been captured from the larder in a covert operation.

Favourite toys could be used as guards to protect you and your fort from invaders. The fort can also be used as a sleepover with friends, but all the excitement meant very little sleep occurred.

So much fun and until the dismantling, so boring! But next time the fort would be even bigger and better!

Source: "Timeslide, Home Album"  
Active Minds Reminiscence Cards



## Beam Me Up

Fun '50s fact: The first television remote control, produced by Zenith, hit the market in 1950.



Source: "Brain Games, '50s Remember  
When Picture Puzzles"  
Publications International, Ltd.



Color me