

# Emerald Crest Dining Menu

Week of September 30th, 2019

	Breakfast	Lunch	Dinner
<b>Monday</b>	<b>Scrambled Eggs</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Chicken Chow Mein over Rice</b> Oriental Vegetable Mini Vegetable Egg Roll Cookie	<b>French Bread Cheese Pizza</b> Marinara Dipping Sauce Lettuce Salad with Dressing Fruit Cocktail
<b>Tuesday</b>	<b>French Toast</b> Margarine & Syrup Breakfast Sausage Chilled Juice	<b>Goulash</b> Green Beans Dinner Roll Ice Cream	<b>Garden Vegetable Soup</b> <b>Turkey Salad on Croissant</b> Fresh Fruit
<b>Wednesday</b>	<b>Oatmeal w/ Brown Sugar</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Chicken Alfredo with Pasta</b> Normandy Blend Vegetables Breadstick Cake	<b>Cheeseburger on Bun</b> Lettuce & Tomato Potato Salad Watermelon
<b>Thursday</b>	<b>Waffles</b> Margarine & Syrup Bacon Chilled Juice	<b>Salisbury Steak</b> Mashed Potatoes Key West Veggies Bar	<b>Cheese Tortellini</b> Broccoli Garlic Toast Mandarin Oranges
<b>Friday</b>	<b>Pancakes</b> Margarine & Syrup Breakfast Sausage Chilled Juice	<b>Baked Fish</b> Tartar Sauce Potato Pancake Carrots Pound Cake with Blueberries	<b>Tator Tot Casserole</b> French Green Beans Dinner Roll Fresh Fruit
<b>Saturday</b>	<b>Cream of Wheat</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Chicken Casserole</b> Broccoli Dinner Roll Cheesecake	<b>Baked Chicken Breast</b> Potato Wedges Veggies Grapes
<b>Sunday</b>	<b>Omelet</b> Wheat Toast Margarine & Jelly Bacon Chilled Juice	<b>Pork Roast</b> Maple Glazed Sweet Potatoes Wax Beans Pie	<b>BBQ Beef Brisket on Bun</b> Pasta Salad Baked Beans Mixed Fruit

\*This menu may be subject to change.

Week 1