

# Emerald Crest Dining Menu

Week of September 9th 2019

	Breakfast	Lunch	Supper
<b>Monday</b>	<b>Scrambled Eggs</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>BBQ Meatballs</b> Red Potatoes Veggies Cookie	<b>Chicken Salad on Croissant</b> Potato Chips Pineapple Coleslaw Tropical Fruit
<b>Tuesday</b>	<b>Oatmeal w/ Brown Sugar</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Pork Steak</b> Baby Baked Potatoes Key West Veggies Cream Puff	<b>Beef Stroganoff over Noodles</b> California Blend Vegetables Dinner Roll Fresh Fruit
<b>Wednesday</b>	<b>French Toast</b> Margarine & Syrup Bacon Chilled Juice	<b>Baked Chicken</b> Tator Tots Green Beans Cake	<b>BBQ Pulled Pork on Bun</b> Onion Rings Corn Cookie
<b>Thursday</b>	<b>Waffles</b> Margarine & Syrup Breakfast Sausage Chilled Juice	<b>Meatloaf with Gravy</b> Mashed Potatoes Carrots Ice Cream	<b>Chicken Pasta Salad over Lettuce Leaf</b> Cherry Tomatoes Breadstick Grapes
<b>Friday</b>	<b>Pancakes</b> Margarine & Syrup Bacon Chilled Juice	<b>Fish of the Day</b> Tartar Sauce Baked Potato w/ Sour Cream Peas & Pearl Onions Brownie	<b>Cheese Ravioli</b> Mixed Vegetables Breadstick Chilled Peaches
<b>Saturday</b>	<b>Cream of Wheat</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Broccoli &amp; Cheese Stuffed Chicken Breast</b> Garden & Wild Rice Blend Veggies Peanut Butter Rice Krispie Bar	<b>Scalloped Potatoes with Ham</b> Spring Veggies Cornbread Muffin Fresh Fruit
<b>Sunday</b>	<b>Omelet</b> Breakfast Sausage Wheat Toast Margarine & Jelly Chilled Juice	<b>Pot Roast</b> Mashed Potatoes Green Beans Pie	<b>Chicken Strips</b> Wedge Fries Baked Beans Chilled Melon

\*This menu may be subject to change.

Week 2