

FREE

Community Chat

On Health and Senior Care Issues

Forgetfulness, Is it Normal or a Warning Sign?

Join us for Coffee and a Presentation on what is normal forgetting versus signs and symptoms of dementia. Our expert will review helpful steps to take with your physician when memory issues surface. Learn about the common stages of memory loss and resources for each stage in the community. You will learn how you can take an active steps to maintain a healthy brain.

Thursday, March 12th, 2015

2:30 pm to 4:00 pm

Location:

Victoria Recreation Center

8475 Kochia Lane, Victoria MN 55386

Info: 952-856-7529

Speaker:

Sarah Hartmann, OTR/L

Occupational Therapist at

Emerald Crest by Augustana Care

Next Month's Topic - Experience Dementia "HANDS ON" by participating in the "Virtual Dementia Tour" presented by Kim Stender, Owner of Right at Home

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