

Emerald Crest Dining Menu

Week of October 12th, 200

	Breakfast	Lunch	Supper
Monday	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	Chicken Supreme Roasted Potatoes Peas Cookie	Hot Dog on Bun Potato Chips V8 Juice Pears
Tuesday	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Beef Stroganoff Green Beans Dinner Roll Brownie	Shrimp Poppers Macaroni & Cheese Vegetables Peaches
Wednesday	Scrambled Eggs Bacon Wheat Toast Margarine & Jelly Chilled Juice	Pork Roast Sweet Potatoes Key West Vegetables Pudding	Chicken & Broccoli Casserole Dinner Roll Mandarin Oranges
Thursday	Waffles Margarine & Syrup Breakfast Sausage Chilled Juice	Fish of the Day French Fries Prince Edward Vegetables Pie	Chicken Noodle Soup Ham & Cheese on Croissant Melon Cubes
Friday	Pancakes Margarine & Syrup Bacon Chilled Juice	Swiss Steak Mashed Potatoes Carrots Ice Cream	Cheese Tortellini Mixed Vegetables Breadstick Grapes
Saturday	Oatmeal w/ Brown Sugar Wheat Toast Margarine & Jelly Chilled Juice	Sweet & Sour Chicken over Rice Mini Vegetable Egg Roll Oriental Blend Vegetables Rice Krispie Bar	Goulash Corn Dinner Roll Fruit Cocktail
Sunday	Omelet Bacon Wheat Toast Margarine & Jelly Chilled Juice	BBQ Meatballs Boiled Potatoes Cauliflower w/ Cheese Sauce Pie	Battered Cod Tartar Sauce French Fries Capri Blend Vegetables Tropical Fruit

*This menu may be subject to change.

Week 2