

**EMERALD CREST WEEKLY  
SRING/SUMMER MENU  
2025**

# WEEK 3



**WEEK OF: 05/19 TO 05/25**

**MONTH: MAY**

## MONDAY 05/19

### BREAKFAST

DENVER SCRAMBLED EGGS  
CHOICE OF CEREAL  
CHOICE OF JUICE  
CINNAMON RAISIN TOAST  
MARGARINE

### LUNCH

BROILED SALMON  
ROASTE CORN SALSA  
RICE PILAF  
CAPE COD BLEND  
**LEMON BAR**

### DINNER

SLOPPY JOE ON A **BUN** RANCH  
POTATO WEDGES  
CAPRI VEGETABLE BLEND  
**FRESH FRUIT**

## TUESDAY 05/20

### BREAKFAST

EGG & CHEESE CROISSANT  
SANDWICH  
CHOICE OF CEREAL  
CHOICE OF JUICE

### LUNCH

DIJON CHICKEN ROASTED  
POTATOES  
HONEY MUSTARD STEAMED SPINACH  
**CARMEL PECAN BARS**

### DINNER

BEEF LASAGNA  
ITALIAN BLEND  
GARLIC BREAD  
**MANDARIN ORANGES**

**ALTERNATIVES AT ALL MEALS ARE SANDWICH AND/OR CANNED SOUP**

## WEDNESDAY 05/21

### BREAKFAST

HAM, CHEESE, & VEGETABLE FRITTATA  
TOAST WITH MARGARINE & JELLY  
CHOICE OF CEREAL  
CHOICE OF JUICE

### LUNCH

BEEF STROGANOFF  
PRINCE EDWARD ISLAND BLEND  
**OATMEAL PIE**

### DINNER

TURKEY CRANBERRY CROISSANT  
PICKLED BEETS  
ROASTED BUTTERNUT SQUASH SOUP  
**PEARS**

### BREAKFAST

PANCAKE WITH SYRUP  
SAUSAGE LINKS  
CHOICE OF CEREAL  
CHOICE OF JUICE

### LUNCH

SWISS STEAKS MASHED POTATO  
SCANDINAVIAN BLEND  
**CHEESECAKE WITH STRAWBERRY SAUCE**

### DINNER

HAM & POTATO GRATIN  
GREEN BEANS  
**DINNER ROLLS APRICOTS**

**ALTERNATIVES AT ALL MEALS ARE SANDWICH AND/OR CANNED SOUP**

## FRIDAY 05/23

### BREAKFAST

FRIED EGG  
CHOICE OF CEREAL  
FRUIT MUFFIN WITH MARGARINE  
BACON  
CHOICE OF JUICE

### LUNCH

FISH & CHIPS  
TARTER SAUCE  
MALT VINEGAR COLE SLAW  
**CHOCOLATE CAKE**

### DINNER

STUFFED CABBAGE ROLL  
BREADSTICK ASPARAGUS  
**FRUITED GELATIN WITH WHIPPED CREAMS**

### BREAKFAST

FRENCH TOAST  
STICK WITH SYRUP  
HARD BOILED EGG  
CHOICE OF CEREAL  
CHOICE OF JUICE

### LUNCH

ROAST BEEF MASHED POTATO  
BEEF GRAVY BROCCOLI FLORETS  
**FROSTED BANANA CAKE**

### DINNER

ROASTED BONELESS CHICKEN WINGS  
BBQ SAUCE  
POTATO CHIPS  
CARROT & CELERY STICKS WITH RANCH  
**FRESH FRUIT**

**ALTERNATIVES AT ALL MEALS ARE SANDWICH AND/OR CANNED SOUP**

## SUNDAY 05/25

### BREAKFAST

APPLE TURNOVER  
CHOICE OF CEREAL  
SAUSAGE LINKS  
CHOICE OF JUICE

### LUNCH

BBQ MEATBALLS  
CHEESY HASHBROWNS  
MIXED VEGETABLES  
**FRUIT PIE**

### DINNER

CHICKEN TENDERS  
BBQ SAUCE  
SHOESTRING FRIES  
TOSSED SALAD WITH DRESSING  
**FRESH GRAPES**

## IMPORTANT NOTES

SNACKS ARE AT 3PM, BEFORE BEDTIME, & ANYTIME  
RESIDENTS ARE REQUESTING A SNACK

**ORANGE=DESSERTS**

**ALTERNATIVES AT ALL MEALS ARE  
SANDWICH AND/OR CANNED SOUP**