

Emerald Crest Dining Menu

Week of January 18th

	Breakfast	Lunch	Dinner
Monday	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	Chicken Breast w/ Gravy Mashed Potatoes Carrots Peanut Butter Bar	Beef Ravioli Marinara Sauce Vegetables Garlic Bread Fruit Cocktail
Tuesday	Oatmeal w/ Brown Sugar & Raisins Wheat Toast Margarine & Jelly Chilled Juice	Pork Roast Maple Glazed Sweet Potatoes Cauliflower Cake	BBQ Meatballs Boiled Potatoes Vegetables Cookie
Wednesday	Pancakes Margarine & Syrup Breakfast Sausage Chilled Juice	Lasagna Roll Key West Vegetables Garlic Breadstick Chocolate Éclair	Egg Salad on Croissant Potato Chips Carrot Raisin Salad Peaches
Thursday	Scrambled Eggs Bacon Wheat Toast Margarine & Jelly Chilled Juice	Roast Turkey Stuffing Green Beans Dinner Roll Pumpkin Pie	Hamburger on Bun Ranch Potato Wedges Baked Beans Grapes
Friday	French Toast Margarine & Syrup Breakfast Sausage Chilled Juice	Chicken Focaccia Rice Blend Broccoli w/ Cheese Sauce Ice Cream	Baked Potato Soup Smoked Turkey Sandwich on Rye Mixed Fruit
Saturday	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Fish of the Day Twice Baked Potato Wax Beans Cheesecake	BBQ Pork Rib Pattie Red Potatoes Carrots Cookie
Sunday	Omelet Wheat Toast Margarine & Jelly Chilled Juice	Baked Ham Rosemary Potatoes Winter Blend Vegetables Pecan Pie	Tomato Soup Grilled Cheese Cucumbers w/ Dip Pears

*This menu is subject to change.

Week 4