

Resident Name: \_\_\_\_\_

**This packet was made  
especially for you!**

Hope you enjoy all the fun activities.

**This is for the Week of June 29th, 2020.**

Current Season:



Next Holiday:



July 4th

# Emerald Crest Dining Menu

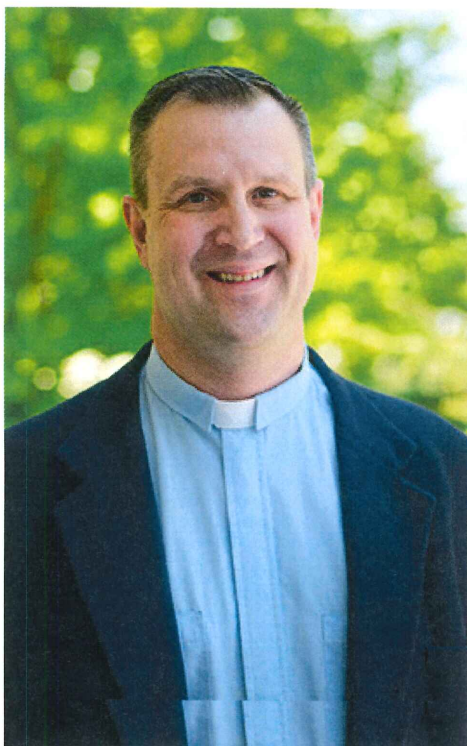
Week of June 29th, 2020

	Breakfast	Lunch	Dinner
<b>Monday</b>	<b>Scrambled Eggs</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Swedish Meatballs over Egg Noodles</b> Green Beans Cookies	<b>Hot Dog on Bun</b> Potato Salad Baked Beans Watermelon
<b>Tuesday</b>	<b>French Toast</b> Margarine & Syrup Bacon Chilled Juice	<b>Roast Turkey</b> Stuffing Veggies Ice Cream	<b>Cheese Tortellini</b> Prince Edward Veggies Garlic Toast Chilled Pears
<b>Wednesday</b>	<b>Oatmeal w/ Brown Sugar &amp; Raisins</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Beef Tips over Mashed Potatoes</b> Asparagus Cheesecake	<b>Ham &amp; Pasta Salad over Lettuce Leaf</b> Sliced Tomatoes Croissant Cantaloupe
<b>Thursday</b>	<b>Waffles</b> Margarine & Syrup Breakfast Sausage Chilled Juice	<b>Garlic &amp; Herb Chicken</b> Red Potatoes Brussel Sprouts Brownie	<b>Stuffed Cabbage Rolls in Tomato Sauce</b> Baby Carrots Grapes
<b>Friday</b>	<b>Pancakes</b> Margarine & Syrup Bacon Chilled Juice	<b>Battered Fish Wedge</b> Tartar Sauce Baked Potato with Sour Cream Diced Beets Cake	<b>Beef Macaroni Casserole</b> Peas & Carrots Breadstick Fresh Fruit
<b>Saturday</b>	<b>Cream of Wheat</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Pot Roast</b> Mashed Potatoes Broccoli Pie	<b>Grilled Ham &amp; Cheese Sandwich</b> French Fries Cucumber Slices w/ Dip Chilled Peaches
<b>Sunday</b>	<b>Omelet</b> Breakfast Sausage Wheat Toast Margarine & Jelly Chilled Juice	<b>Chicken Kiev</b> Garden & Wild Rice Blend Mixed Veggies Chocolate Éclair	<b>Shrimp Poppers</b> Mac & Cheese Green Beans Melon Cubes

*\*This menu is subject to change.*

*Week 4*





## From Pastor Arlen:

Remember all of the things that you have to be thankful for today....

your family and friends.....

your health.....

your home.....

all of the countless blessings that God has given you over the years.

### Let us pray together:

Our Father who art in heaven, hallowed be thy name.

Thy kingdom come.

Thy will be done on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

For thine is the kingdom and the power, and the glory, forever and ever.

Amen.

### Amazing Grace

Amazing Grace, how sweet the sound.

That saved a wretch like me

I once was lost, but now am found.

Was blind, but now I see.



## Sewing Machine

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**Do you have a sewing machine at home?**

**Do you enjoy making and mending things?**

**What were your favourite outfits to make?**

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Many happy family hours are spent sewing and dressmaking. Special occasions always called for a new outfit – and of course it is handmade! Time disappeared on the days and weekends that were spent with the foot on the pedal, enjoying the buzz of making things by hand.

Dressmaking is a lengthy process, starting with a pattern, then buying your favourite fabric to match. Each piece is cut and painstakingly stitched together. It takes a lot of concentration not to end up with an arm upside down by accident.

The skill of needlecraft and sewing stemmed from the 1950's when people became dependent on needing to "make do and mend". It was not affordable to buy a new dress all the time, so mending was encouraged to help your clothes last as long as possible. Siblings would often end up with matching dresses to make the most of the material.

The Singer company are a trusted brand and the machines are built to last. Many homes have them as they are reliable and useful.

Source: "Timeslide, Home Album"  
Active Minds Reminiscence Cards



## Cinema Classic

The beloved musical comedy *Singin' in the Rain* premiered in 1952. If you like the famous dance sequence where Gene Kelly twirls an umbrella, you might be even more impressed to know that Kelly filmed the scene while ill with a high fever.



# SPORT IN THE 1950s

(pg 1)

Big sporting events with large crowds were a feature of the 1950s.

Sports in the USA such as football and baseball were popular.

In Britain, there was huge interest in cricket, football (soccer) and rugby as well as speedway (motorbike racing) and hillclimbing (motor racing up steep hills in small cars).

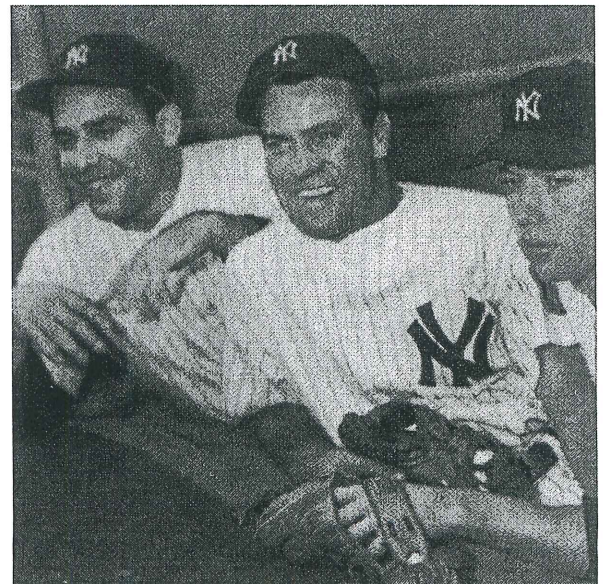
Tennis, boxing and motor racing were popular in both the USA and UK.

Some big sports stars of the 1950s included:

- Joe Dimaggio (baseball)
- Len Hutton (cricket)
- Elroy 'Crazylegs' Hirsch (American football)
- Rocky Marciano (boxing)
- Stanley Matthews (soccer)
- Althea Gibson (tennis)
- Stirling Moss (motor racing)

What sports were you interested in in the 1950s? Did you take part, or did you prefer to watch?

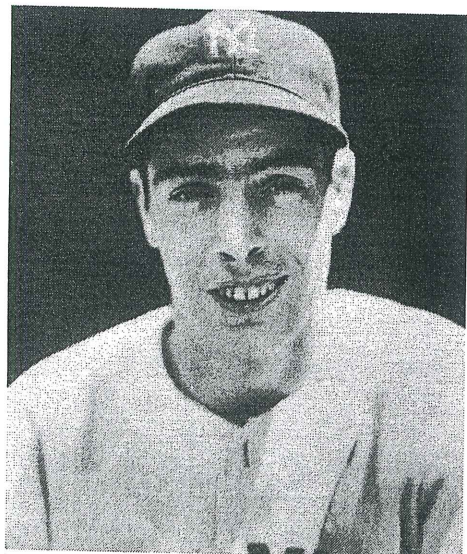
**1950s baseball players: (l-r) Yogi Berra, Hank Bauer, Mickey Mantle**



Source: "1950s Memory Lane"  
(large print)

By: Hugh Morrison  
Montpelier Publishing 2017





**Joe DiMaggio**



**Elroy Hirsch**



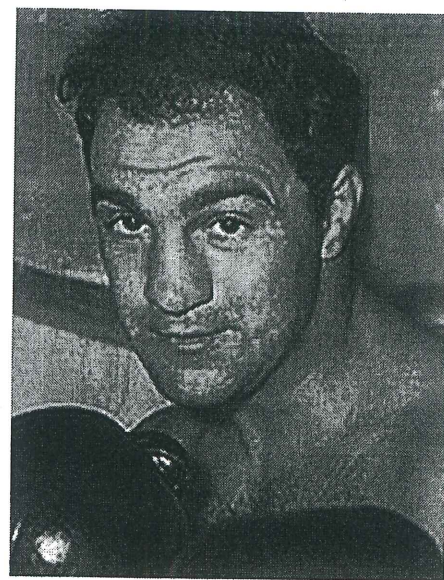
**Stirling Moss**



**Len Hutton**



**Stanley Matthews**



**Rocky Marciano**



**Althea Gibson**



**A hillclimbing sports car**



# BASEBALL

Find the items in the word list in the square below

## WORD LIST:

BAT	RUN	GLOVE	SWING
BALL	CATCH	FOUL	PITCHER

V	K	S	W	I	N	G	C
J	Q	H	S	F	I	B	A
G	L	O	V	E	U	A	T
I	W	N	O	T	O	L	C
F	A	W	Z	Q	R	L	H
R	U	N	V	E	L	D	G
P	I	T	C	H	E	R	U
F	O	U	L	B	A	T	G

Source: "Easy Relaxing Puzzles"  
By Joy Kinneest  
Publisher: Limic Books



Name a **Fruit** Beginning with the letter ...

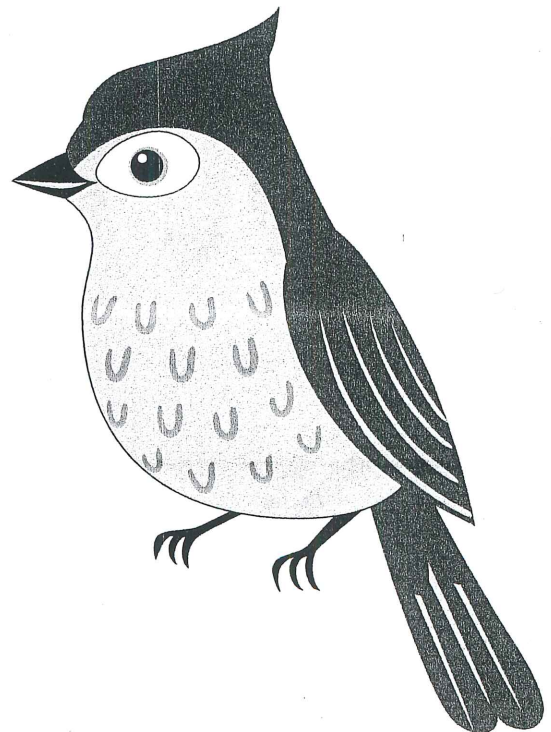
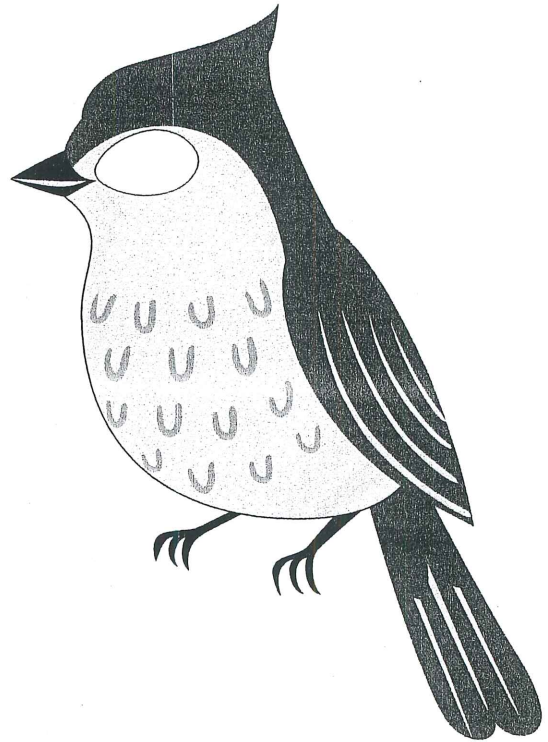
<b>A</b>		<b>N</b>	
<b>B</b>		<b>O</b>	
<b>C</b>		<b>P</b>	
<b>D</b>		<b>Q</b>	
<b>E</b>		<b>R</b>	
<b>F</b>		<b>S</b>	
<b>G</b>		<b>T</b>	
<b>H</b>		<b>U</b>	
<b>I</b>		<b>V</b>	
<b>J</b>		<b>W</b>	
<b>K</b>		<b>X</b>	
<b>L</b>		<b>Y</b>	
<b>M</b>		<b>Z</b>	

Total / 26

Source: "LIST IT!, Activity book for  
Dementia Patients"

**SPOT THE ODD ONE OUT**

**FIND THE BIRD THAT IS  
DIFFERENT FROM THE REST**



Source: "Easy Relaxing Puzzles"  
By Joy Kinnest  
Publisher: Limic Books



## RHyme TIME

In this activity, the goal is to write down words that rhyme with the specific "given" word. Take some time to think of as many words as you can.

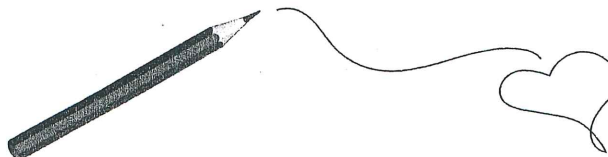
### List items that rhyme "BRUSH"

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



### List items that rhyme with "DRAW"

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



## Writing about your life...

Describe one of your favorite trips or vacations. Why was it your favorite? Where did you go? And what did you do?

