

Resident Name: \_\_\_\_\_

**This packet was made  
especially for you!**

Hope you enjoy all the fun activities.

**This is for the Week of September 7th, 2020.**

Current Season:



Next Holiday: Halloween October 31<sup>st</sup>



# Emerald Crest Dining Menu

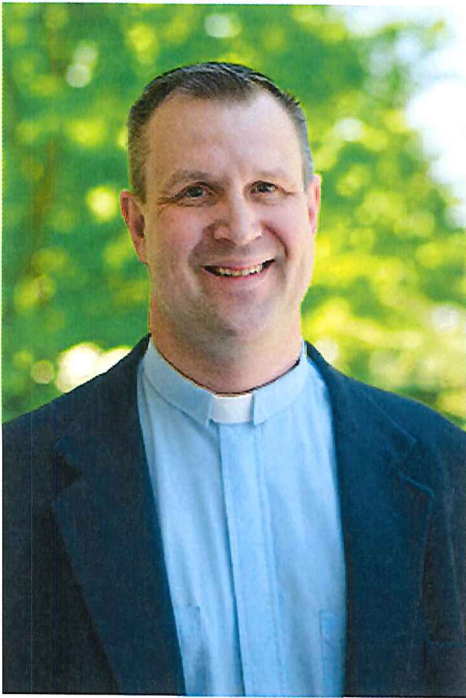
Week of September 7th, 2020

	Breakfast	Lunch	Supper
<b>Monday</b>	<b>Scrambled Eggs</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>BBQ Meatballs</b> Red Potatoes Veggies Cookie	<b>Chicken Salad on Croissant</b> Potato Chips Pineapple Coleslaw Tropical Fruit
<b>Tuesday</b>	<b>Oatmeal w/ Brown Sugar</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Pork Steak</b> Baby Baked Potatoes Key West Veggies Cream Puff	<b>Beef Stroganoff over Noodles</b> California Blend Vegetables Dinner Roll Fresh Fruit
<b>Wednesday</b>	<b>French Toast</b> Margarine & Syrup Bacon Chilled Juice	<b>Baked Chicken</b> Tator Tots Green Beans Cake	<b>BBQ Pulled Pork on Bun</b> Onion Rings Corn Cookie
<b>Thursday</b>	<b>Waffles</b> Margarine & Syrup Breakfast Sausage Chilled Juice	<b>Meatloaf with Gravy</b> Mashed Potatoes Carrots Ice Cream	<b>Chicken Pasta Salad over Lettuce Leaf</b> Cherry Tomatoes Breadstick Grapes
<b>Friday</b>	<b>Pancakes</b> Margarine & Syrup Bacon Chilled Juice	<b>Fish of the Day</b> Tartar Sauce Baked Potato w/ Sour Cream Peas & Pearl Onions Brownie	<b>Cheese Ravioli</b> Mixed Vegetables Breadstick Chilled Peaches
<b>Saturday</b>	<b>Cream of Wheat</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Broccoli &amp; Cheese Stuffed Chicken Breast</b> Garden & Wild Rice Blend Veggies Peanut Butter Rice Krispie Bar	<b>Scalloped Potatoes with Ham</b> Spring Veggies Cornbread Muffin Fresh Fruit
<b>Sunday</b>	<b>Omelet</b> Breakfast Sausage Wheat Toast Margarine & Jelly Chilled Juice	<b>Pot Roast</b> Mashed Potatoes Green Beans Pie	<b>Chicken Strips</b> Wedge Fries Baked Beans Chilled Melon

\*This menu may be subject to change.

Week 2





## From Pastor Arlen:

Remember all of the things that you have to be thankful for today....

your family and friends.....

your health.....

your home.....

all of the countless blessings that God has given you over the years.

### Let us pray together:

Our Father who art in heaven, hallowed be thy name.

Thy kingdom come.

Thy will be done on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

For thine is the kingdom and the power, and the glory, forever and ever.

Amen.

Psalm 23: The LORD is my shepherd; I shall not want.

<sup>2</sup> He maketh me to lie down in green pastures: he leadeth me beside the still waters.

<sup>3</sup> He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

<sup>4</sup> Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

<sup>5</sup> Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

<sup>6</sup> Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD forever.

Name a **Dessert** Beginning with the letter ...

<b>A</b>		<b>N</b>	
<b>B</b>		<b>O</b>	
<b>C</b>		<b>P</b>	
<b>D</b>		<b>Q</b>	
<b>E</b>		<b>R</b>	
<b>F</b>		<b>S</b>	
<b>G</b>		<b>T</b>	
<b>H</b>		<b>U</b>	
<b>I</b>		<b>V</b>	
<b>J</b>		<b>W</b>	
<b>K</b>		<b>X</b>	
<b>L</b>		<b>Y</b>	
<b>M</b>		<b>Z</b>	

Total / 26

Source: "LIST IT!, Activity book for  
Dementia Patients"



# LEADERS IN THE 1950s

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**B**ritish Prime Ministers in the 1950s were:

- Clement Atlee (1945-1951)
- Winston Churchill (1951-1955)
- Anthony Eden (1955-1957)
- Harold MacMillan (1957-1963)

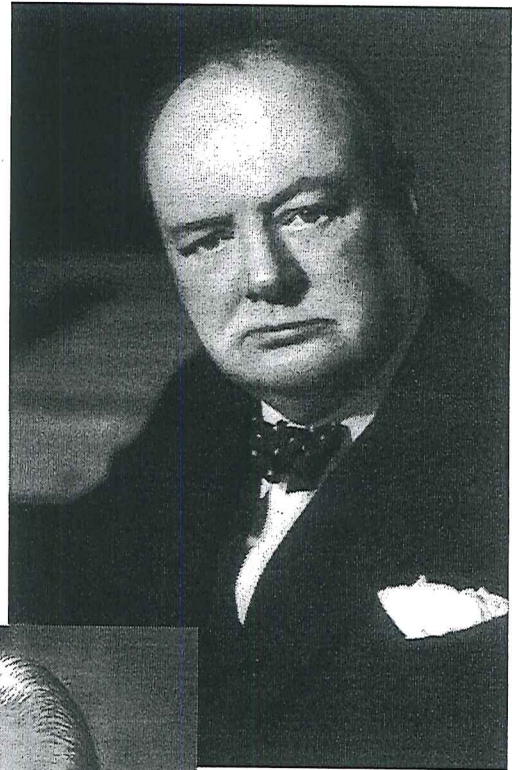
King George VI died in 1952, and was succeeded by his daughter Princess Elizabeth. She was crowned in 1953.

US Presidents in the 1950s were:

- Harry S Truman (1945-1953)
- Dwight D Eisenhower ('Ike') (1953-1961)



**Anthony Eden**



**Winston Churchill**



**Harold MacMillan**

Source: "1950s Memory Lane"  
(large print)

By: Hugh Morrison  
Montpelier Publishing 2017

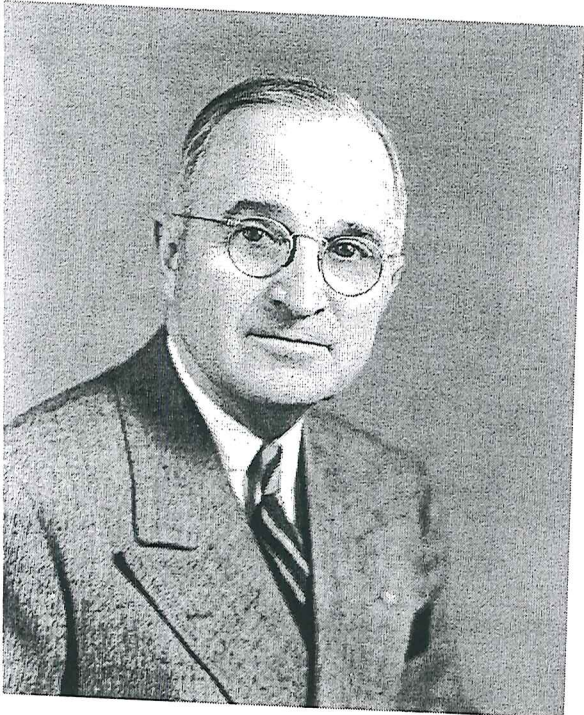




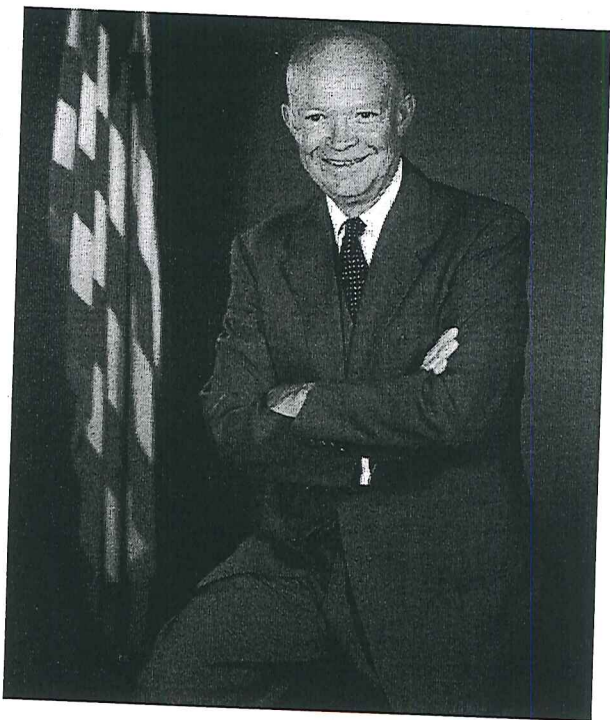
**HM King George VI**



**HM Queen Elizabeth II**



**President Truman**



**President Eisenhower**

Source: "1950s Memory Lane"  
(large print)  
By: Hugh Morrison  
Montpelier Publishing 2017

# back to school

## Four letter words

Fill in the answer to the expressions using only the letters in “back to school”. For example

the opposite of front is b a c k

girls like to soak in a bubble b \_ \_ \_

the wind moves a sail b \_ \_ \_

I heard thunder and saw a lightning b \_ \_ \_

I went to the library to borrow a b \_ \_ \_

not just one, b \_ \_ \_

cats like to b \_ \_ \_ in the sun

a work b \_ \_ \_ has a steel toe

Can you think of more 4 letter words that start with the letter “b” using only the letters in “back to school”?



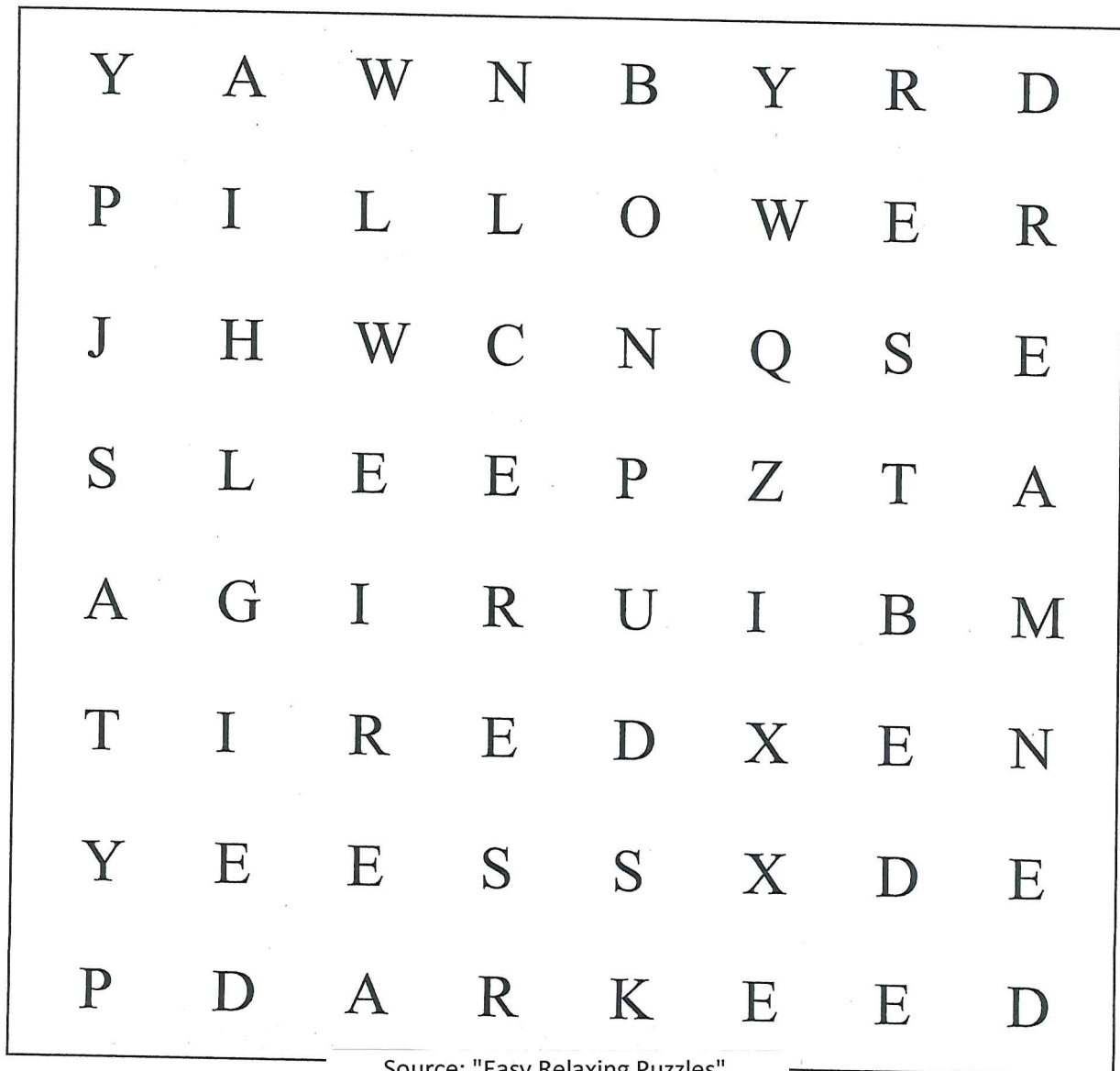
## WORD SEARCHES

# NIGHTTIME

Find the items in the word list in the square below

### WORD LIST:

SLEEP      DARK      PILLOW      DREAM  
BED      REST      YAWN      TIRED



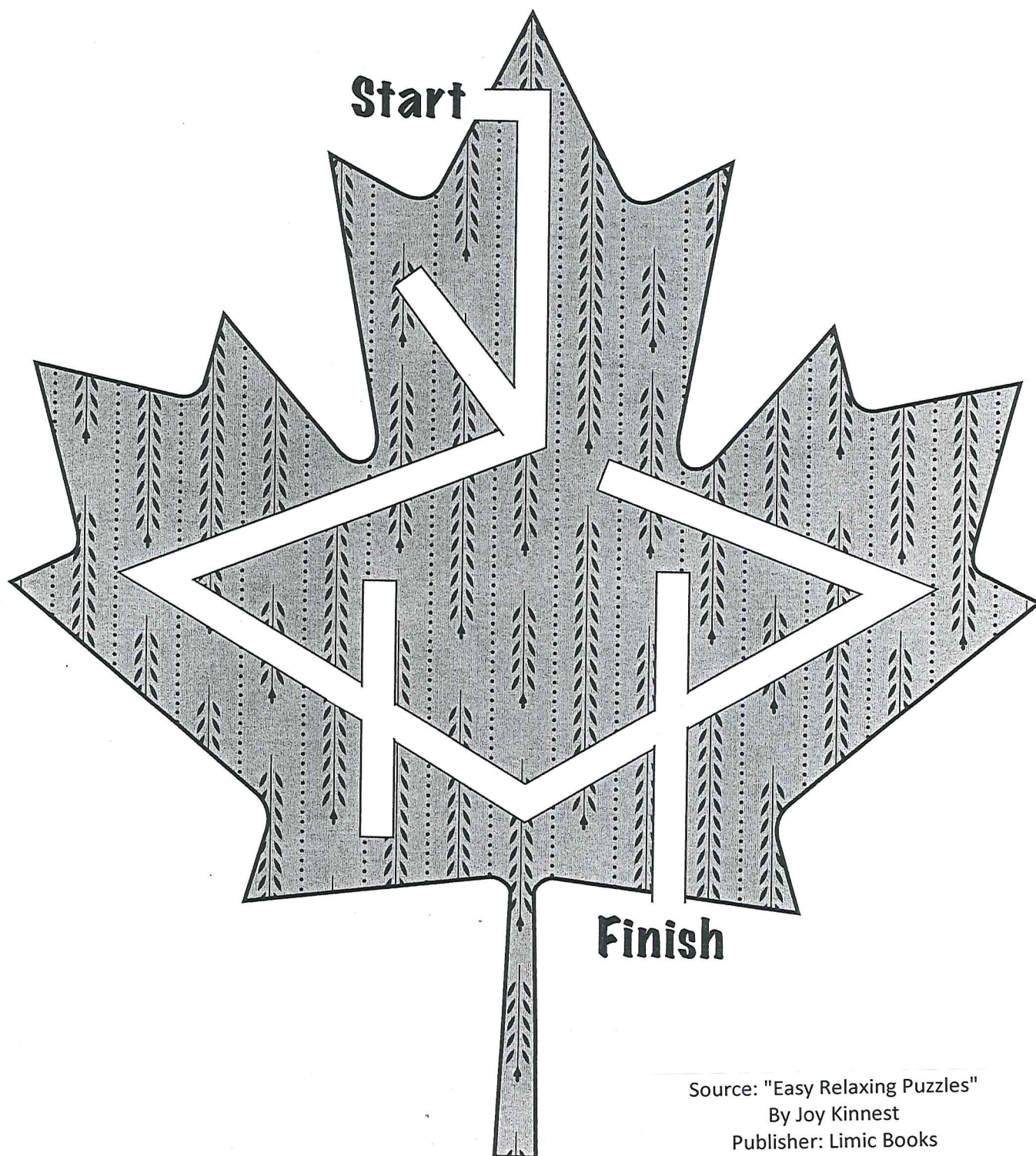
Source: "Easy Relaxing Puzzles"

By Joy Kinneest

Publisher: Limic Books



# **DRAW THE PATH THAT TAKES YOU FROM START TO FINISH**



Source: "Easy Relaxing Puzzles"  
By Joy Kinnest  
Publisher: Limic Books



## Sunday Roast

**Who cooks the roast dinner at home?**

**Do you like growing vegetables?**

**Who do you invite over for Sunday roast?**

**What was your favourite type of roast?**

There is no better way to spend a Sunday than chatting and laughing with family over a Sunday roast. The day is spent preparing for dinner - shopping for favourite roast ingredients, then peeling and chopping the vegetables and laying the table - but good luck trying to get the kids to help. Often, whilst Mum is preparing the meal, Dad visits the pub for a swift pint, returning to carve the meat before serving.

A meat joint, that alternates between lamb, beef, chicken and pork, is a big expense so often saved for Sundays.

Often vegetables grown in the garden are used - harvested, washed, chopped and cooked, nothing could beat home-grown veggies in your roast. The tastiest runner beans, peas and cabbage make the perfect meal.

During dinner, stories are shared and glasses raised to the chef, while everyone keeps a beady-eye on the gravy jug being slowly passed around the table. After dinner and a little rest of the settee, it is time for the washing-up, a family event with everyone chipping in to help.



# Song of the Week

## Singin' In The Rain

I'm singin' in the rain  
Just singin' in the rain  
What a glorious feeling  
I'm happy again.  
I'm laughing at clouds.  
So dark up above,  
The sun's in my heart  
And I'm ready for love.

Let the stormy clouds chase.  
Everyone from the place  
Come on with the rain  
I've a smile on my face  
I walk down the lane  
With a happy refrain

Just singing,  
Singing in the rain  
Dancing in the rain  
La ri la la ri la,  
I'm happy again  
I'm singin' and dancing in the rain  
I'm dancing and singin' in the rain



Source: [Musixmatch](#)

Songwriters: Freed Arthur / Brown Nacio Herb

I'm Singing in the Rain lyrics © Emi Robbins Catalog Inc., Vmg Golden Records  
Worldwide, Emi Robbins Catalog Inc



RaisingOurKids.com

Bushy tailed squirrels play hide-and-seek in the trees. They hunt for acorns and bury them in the ground where they will find them next winter.

Color me