

Emerald Crest Dining Menu

Week of February 4th 2019

	Breakfast	Lunch	Dinner
Monday	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	Beef Pepper Steak Mashed Potatoes Carrots Ice Cream	Chicken Wild Rice Soup Turkey Salad on Croissant Peaches
Tuesday	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Chicken w/ Gravy Rosemary Roasted Potatoes Green Beans Fruit Crisp	Tator Tot Hotdish Corn Dinner Roll Fruit Cocktail
Wednesday	French Toast Margarine & Syrup Bacon Chilled Juice	Meatloaf Au Gratin Potatoes Key West Vegetables Brownie	Chicken Pattie on Bun Potato Chips Broccoli Mixed Fruit
Thursday	Scrambled Eggs Breakfast Sausage Wheat Toast Margarine & Jelly Chilled Juice	Pot Roast Mashed Potatoes Prince Edward Vegetables Cookie	Polish Sausage Potato Wedges Mixed Vegetables Pears
Friday	Waffles Margarine & Syrup Bacon Chilled Juice	Baked Fish Fillet Baby Baked Potatoes Capri Vegetables Strawberry Shortcake	French Bread Cheese Pizza Marinara Dipping Sauce Vegetables Melon Cubes
Saturday	Omelet Wheat Toast Margarine & Jelly Chilled Juice	Chicken Kiev Garden & Wild Rice Blend Broccoli Pie	Beer Cheese Soup Ham Sandwich Brussel Sprouts Grapes
Sunday	Pancakes Margarine & Syrup Bacon Chilled Juice	Salisbury Steak Potato Pancake Green Beans Cake	Chicken ala King over Biscuit California Vegetables Cookie

*This menu is subject to change.

Week 3