



Dealing With Dementia

A FREE Three-Part Community Education Series

◆ PART I

Wednesday,
Nov. 2, 2022
10 am

Forgetfulness: Is It Normal or a Warning Sign?

Did you know memory loss is not a normal part of aging? Our speaker will help us identify what is normal, versus signs and symptoms of dementia. We will also learn about the common causes of dementia and steps that can be taken when you are concerned about a loved one's memory loss. Learn about ways you can help maintain a healthy brain and overall memory.

◆ PART II

Wednesday,
Nov. 9, 2022
10 am

Dementia and Adult Day Services

Adult day services have become an excellent resource and respite for those caring for someone with dementia. Our speakers will describe a member's typical daily schedule, along with additional benefits and services available to them. We'll also discuss the many benefits caregivers receive through adult day services, including respite, health management, consulting and so much more. *Session co-sponsored by Open Circle Adult Day Services.*

◆ PART III

Wednesday,
Nov. 16, 2022
10 am

Practical Tips for Caregivers

Our speaker will help us understand the changes caused by dementia related to communication, participation in self-care or activities and behavior. Become familiar with common approaches used to provide care to individuals with dementia. The session will also help you understand how behavior can change due to dementia, and how to differentiate misconceptions from reality.

SPEAKERS

Katy Pantages, OTR/L at Emerald Crest of Victoria

Sarah Ziegler, OTR/L at Emerald Crest of Burnsville

Carol Ashwood, LICSW at Open Circle Adult Day Services in Hopkins

Terri Joski-Lang, Director at Open Circle Adult Day Services in Hopkins



Katy Pantages



Sarah Ziegler



Carol Ashwood



Terri Joski-Lang

To Register Online: [EmeraldCrest.com/zoom3](https://emeraldcrest.com/zoom3)

Link to participate in Zoom available after registration is complete. A reminder email will be sent within 24 hours of session.

Questions? Contact Christine Drasher at 952-856-7521 or Christine.Drasher@CassiaLife.org

