

Resident Name: _____

**This packet was made
especially for you!**

Hope you enjoy all the fun activities.

This is for the Week of July 27th, 2020.

Current Season:



Next Holiday: Labor Day September 7th

Emerald Crest Dining Menu

Week of July 27th, 2020

	Breakfast	Lunch	Dinner
Monday	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	Swedish Meatballs over Egg Noodles Green Beans Cookies	Hot Dog on Bun Potato Salad Baked Beans Watermelon
Tuesday	French Toast Margarine & Syrup Bacon Chilled Juice	Roast Turkey Stuffing Veggies Ice Cream	Cheese Tortellini Prince Edward Veggies Garlic Toast Chilled Pears
Wednesday	Oatmeal w/ Brown Sugar & Raisins Wheat Toast Margarine & Jelly Chilled Juice	Beef Tips over Mashed Potatoes Asparagus Cheesecake	Ham & Pasta Salad over Lettuce Leaf Sliced Tomatoes Croissant Cantaloupe
Thursday	Waffles Margarine & Syrup Breakfast Sausage Chilled Juice	Garlic & Herb Chicken Red Potatoes Brussel Sprouts Brownie	Stuffed Cabbage Rolls in Tomato Sauce Baby Carrots Grapes
Friday	Pancakes Margarine & Syrup Bacon Chilled Juice	Battered Fish Wedge Tartar Sauce Baked Potato with Sour Cream Diced Beets Cake	Beef Macaroni Casserole Peas & Carrots Breadstick Fresh Fruit
Saturday	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Pot Roast Mashed Potatoes Broccoli Pie	Grilled Ham & Cheese Sandwich French Fries Cucumber Slices w/ Dip Chilled Peaches
Sunday	Omelet Breakfast Sausage Wheat Toast Margarine & Jelly Chilled Juice	Chicken Kiev Garden & Wild Rice Blend Mixed Veggies Chocolate Éclair	Shrimp Poppers Mac & Cheese Green Beans Melon Cubes

**This menu is subject to change.*

Week 4



From Pastor Arlen:

Remember all of the things that you have to be thankful for today....

your family and friends.....

your health.....

your home.....

all of the countless blessings that God has given you over the years.

Let us pray together:

Our Father who art in heaven, hallowed be thy name.

Thy kingdom come.

Thy will be done on earth as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

For thine is the kingdom and the power, and the glory, forever and ever.

Amen.

Amazing Grace

Amazing Grace, how sweet the sound.

That saved a wretch like me

I once was lost, but now am found.

Was blind, but now I see.

HAVING FUN IN THE 1950s

Street parties were popular in Britain in the 1950s. Many people had outdoor parties for the Queen's Coronation in 1953.

Another big celebration was the Festival of Britain held in 1951 on the south bank of the River Thames.

Children's birthday parties were usually held at home, with organised games followed by afternoon tea. If the weather was good, parties were held outside.

Family picnics were also popular, particularly for households which owned a car.

Church picnics and social events were frequently held.

Pubs, bars and restaurants were all fun places for adults to meet and socialise in. Many people enjoyed going to dancehalls, where ball room dances such as the waltz, foxtrot and quickstep were popular.

What sort of parties did you go to in the 1950s?



**A Lyon's Cornerhouse
restaurant**

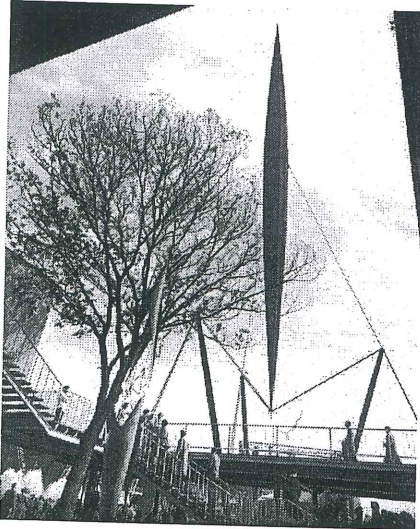


Post DLF

A family picnic



Children's tea party



The Festival of Britain, 1951



Ballroom dancing



Street party for the Coronation, 1953

John Singleton

Name a **Bird** Beginning with the letter ...

A		N	
B		O	
C		P	
D		Q	
E		R	
F		S	
G		T	
H		U	
I		V	
J		W	
K		X	
L		Y	
M		Z	

Total / 26

Source: "LIST IT!, Activity book for
Dementia Patients

FLOWERS

Find the items in the word list in the square below

WORD LIST:

DAISY

POPPY

ROSE

TULIP

IRIS

LILY

PANSY

SAGE

A	T	R	O	S	E	T	P
P	O	P	P	Y	R	U	A
H	C	L	C	S	I	L	N
T	D	A	I	S	Y	I	S
H	Z	X	J	I	A	P	Y
B	I	R	I	S	V	V	R
A	C	J	L	I	L	Y	R
S	A	G	E	T	K	Q	F

Lollipop, Lollipop

In the postwar era, car sales were up, and the family road trip was the preferred vacation for many Americans. The interstate highway system was developed during the 1950s, leading people to travel faster and farther than ever before—on a good day, a car of the era could travel 350 miles! The country's national parks were extremely popular family destinations.



Source: "Brain Games, '50s Remember
When Picture Puzzles"
Publications International, Ltd.

DRAW THE PATH THAT TAKES YOU FROM START TO FINISH

Start



Finish

Source: "Easy Relaxing Puzzles"
By Joy Kinneest
Publisher: Limic Books



Cooking at Home

Do you enjoy cooking at home?

What are your favourite dishes to cook?

Who else in your home does the cooking?

Do you like using spices when cooking?

Indian mealtimes are all about sharing food, and traditionally the day would be spent preparing the evening meal which normally consist of dhal - a vegetable dish containing potatoes, onions and beans. Not forgetting the rice, cooked to perfection with just the right amount of bite to it. Cardamom and cloves were often added to give the dish an extra special kick.

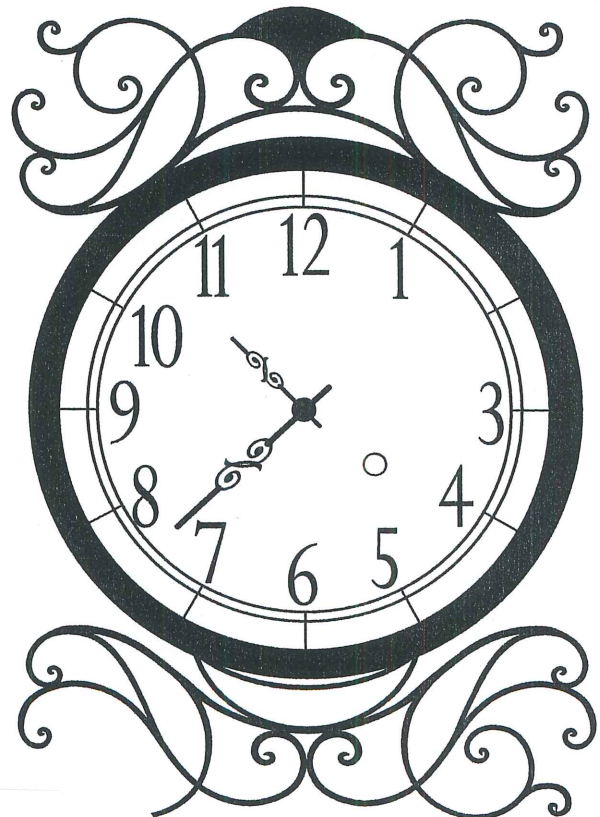
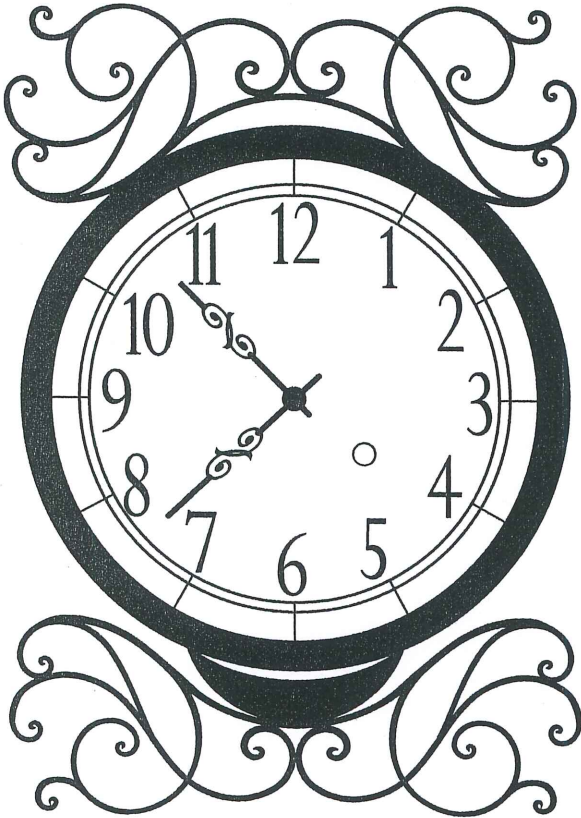
The frying of onions, ginger, tara garam masala and garlic is one of the best smells to come home to. Not to mention the mouth-watering scent of freshly cooked popad (poppadum) and roti, made daily from flour and water, as an accompaniment to the main dishes.

Normally meals are vegetarian, with meat being used only on special occasions. A variety of colourful and delicious spices, such as cumin, turmeric and coriander, are combined with vegetables and lentils for the finest feast.

Traditionally woman would stay home and take great pride over cooking for the family, which would most likely be a minimum of 6 people including grandparents - mealtimes are a family event.

Source: "Timeslide, Home Album"
Active Minds Reminiscence Cards

FIND 5 DIFFERENCES BETWEEN THE CLOCKS



Source: "Easy Relaxing Puzzles"
By Joy Kinnest
Publisher: Limic Books

RHYME TIME

In this activity, the goal is to write down words that rhyme with the specific "given" word. Take some time to think of as many words as you can.

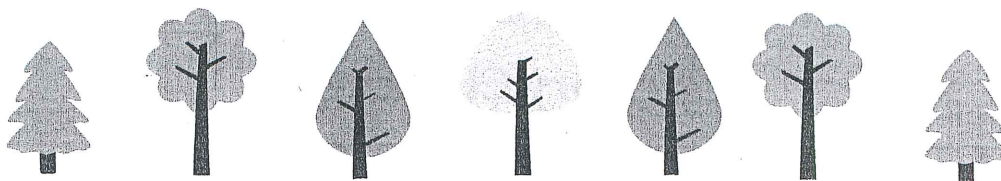
List words that rhyme with "SOIL"

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



List words that rhyme with "TREE"

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____



Cool Categories!

Make a list of the names of different flowers. How many can you name?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____
21. _____
22. _____

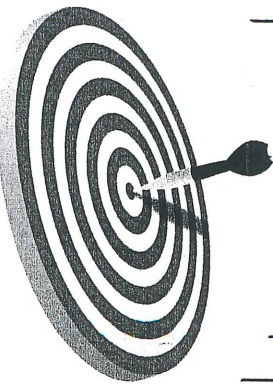
Make a list of the names of different trees. How many can you name?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
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18. _____
19. _____
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21. _____
22. _____

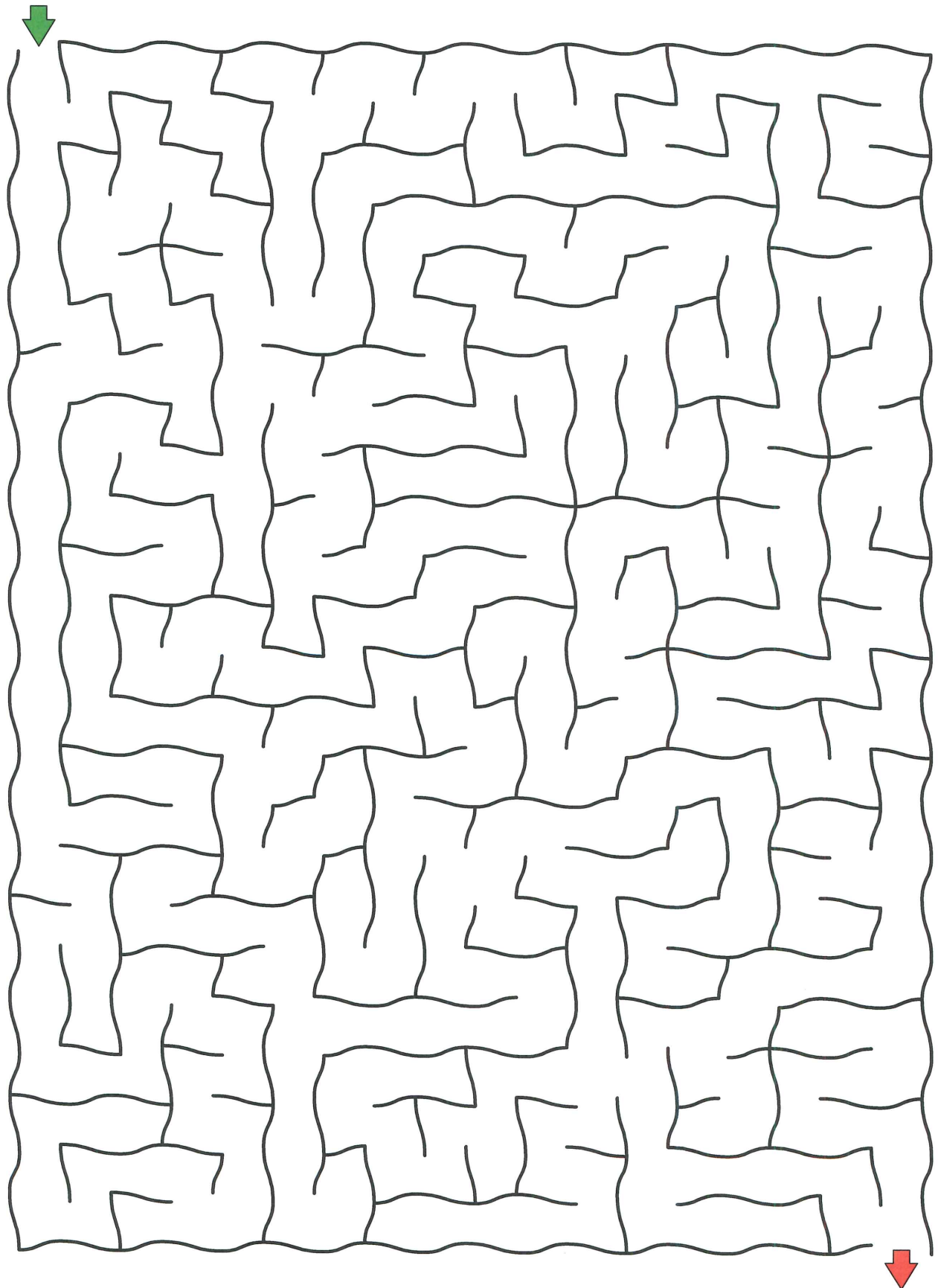
Long-term Memory

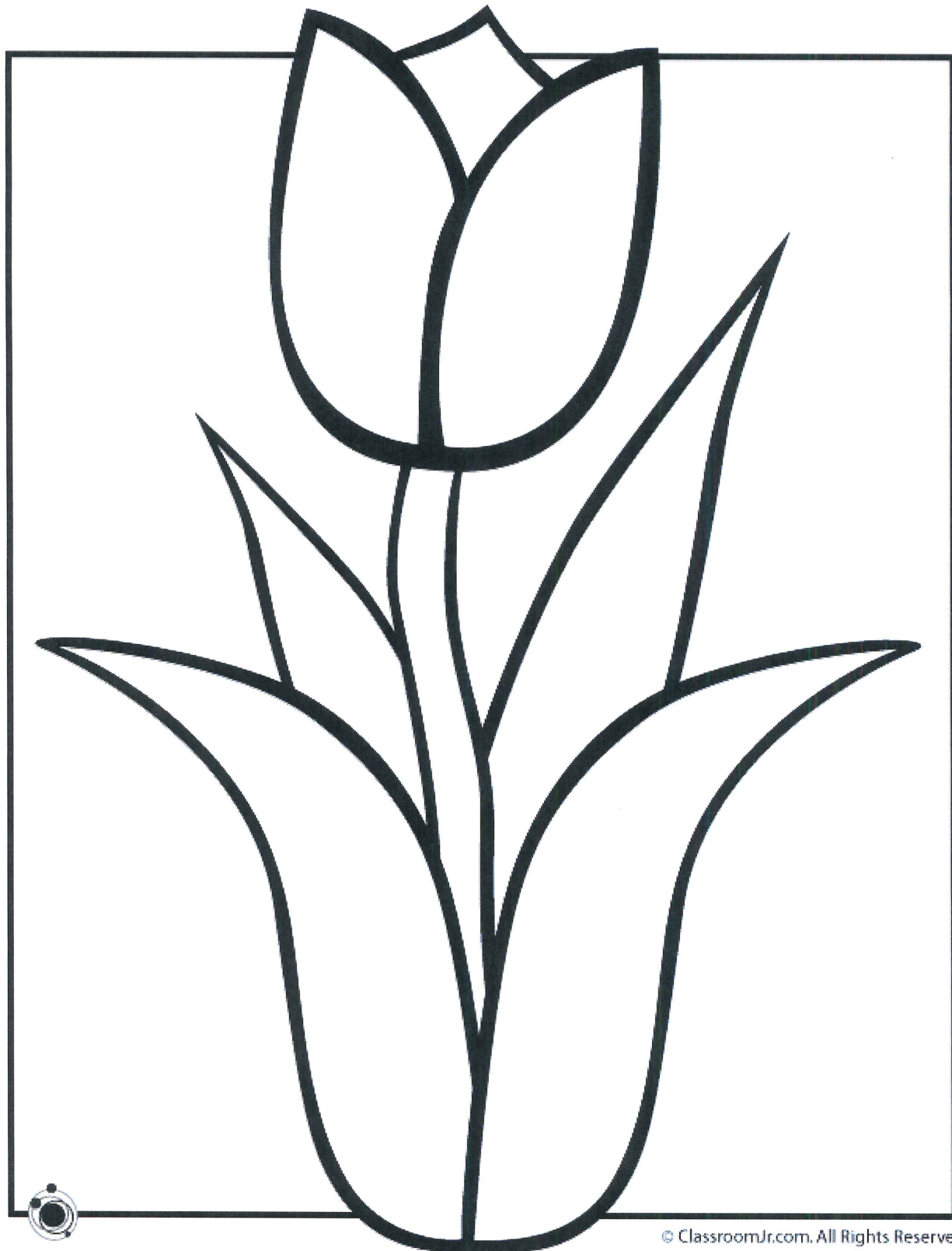
Writing about your life...

Describe your favorite card game or board game. Why is it your favorite? When did you first play your favorite game?

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper appears to be a standard notebook page.This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. On the left side, there is a dark, irregular shape, possibly a hole punch or a piece of tape. The paper appears to be part of a notebook or a binder.

Source: "The Fun and Easy MEMORY
Activity Book for Adults"
By J.D. Kinneest





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