



06/16 TO 06/22

JUNE

WEEK OF: _____

MONTH: _____

MONDAY 06/16

BREAKFAST

DENVER SCRAMBLED EGGS
CINNAMON RAISIN
TOAST W/
MARGARINE
CHOICE OF CEREAL
CHOICE OF JUICE

LUNCH

BROILED SALMON
ROASTE
CORN SALSA
RICE PILAF
CAPE COD BLEND
LEMON BAR

DINNER

SLOPPY JOE ON A
BUN
RANCH POTATO
WEDGES
CAPRI
VEGETABLE
BLEND
FRESH FRUIT

TUESDAY 06/17

BREAKFAST

EGG & CHEESE
CROISSANT
SANDWICH
CHOICE OF
CEREAL
CHOICE OF JUICE

LUNCH

HONEY MUSTARD
CHICKEN
ROASTED
POTATOES
STEAMED SPINACH
**CARMEL PECAN
BARS**

DINNER

BEEF LASAGNA
ITALIAN BLEND
GARLIC BREAD
**MANDARIAN
ORANGAGES**

ALTERNATIVES AT ALL MEALS ARE SANDWICH AND/OR CANNED SOUP

WEDNESDAY 06/18

BREAKFAST

HAM, CHEESE, &
VEGETABLE FRITTATA
TOAST W/
MARGARINE & JELLY
CHOICE OF CEREAL
CHOICE OF JUICE

LUNCH

BEEF STROGANOFF W/
EGG NOODLES
PRINCE EDWARD
ISLAND BLEND
OATMEAL PIE

DINNER

TURKEY
CRANBERRY
CROISSANT
PICKLED BEETS
ROASTED
BUTTERNUT
SQUASH SOUP
PEARS

THURSDAY 06/19

BREAKFAST

PANCAKE W/
SYRUP
SAUSAGE LINKS
CHOICE OF
CEREAL
CHOICE OF JUICE

LUNCH

SWISS STEAKS
MASHED POTATO
SCANDINAVIAN
BLEND
**CHEESECAKE W/
STRAWBERRY
SAUCE**

DINNER

HAM & POTATO
GRATIN
GREEN BEANS
**DINNER ROLLS
APRICOTS**

ALTERNATIVES AT ALL MEALS ARE SANDWICH AND/OR CANNED SOUP

FRIDAY 06/20

BREAKFAST

FRIED EGG
FRUIT MUFFIN W/
MARGARINE
BACON
CHOICE OF CEREAL
CHOICE OF JUICE

LUNCH

FISH & CHIPS
TARTER SAUCE
MALT VINEGAR
COLESLAW
CHOCOLATE CAKE

DINNER

STUFFED CABBAGE
ROLL
BREADSTICK
ASPARAGUS
**FRUITED GELATIN
W/ WHIPPED
CREAMS**

SATURDAY 06/21

BREAKFAST

FRENCH TOAST
STICK W/ SYRUP
HARD BOILED EGG
CHOICE OF
CEREAL
CHOICE OF JUICE

LUNCH

ROAST BEEF
MASHED POTATO
W/ BEEF GRAVY
BROCCOLI
**FROSTED
BANANA CAKE**

DINNER

ROASTED
BONELESS
CHICKEN WINGS
BBQ SAUCE
POTATO CHIPS
CARROT & CELERY
STICKS W/RANCH
FRESH FRUIT

ALTERNATIVES AT ALL MEALS ARE SANDWICH AND/OR CANNED SOUP

SUNDAY 06/22

BREAKFAST

APPLE TURNOVER
CHOICE OF CEREAL
CHOICE OF JUICE
SAUSAGE LINKS

LUNCH

BBQ MEATBALLS
CHEESY
HASHBROWNS
MIXED VEGETABLES
FRUIT PIE

DINNER

CHICKEN TENDERS
BBQ SAUCE
SHOESTRING FRIES
TOSSED SALAD W/
DRESSING
FRESH GRAPES

IMPORTANT NOTES

SNACKS ARE AT 3PM, BEFORE BEDTIME, & ANYTIME
RESIDENTS ARE REQUESTING A SNACK

ORANGE=DESSERTS

ALTERNATIVES AT ALL MEALS ARE
SANDWICH AND/OR CANNED SOUP