

Senior Housing Education Series

Every Thursday, May 9-June 27

4-5 p.m. - Shakopee Community Center – Community Room

Fee Options: \$10 / 8-week series (Program Code: CD 5091) or \$2 per session – see code by session title

Join us for the 8-week series that will include topics focusing on “Housing” resources & options for seniors.

May 9th - Housing Options for 55+

Program Code: CD 509

Presented by: Becky Lund with Edina Realty. Leaving your forever home might be intimidating but yet you know it's time for a change. Where do you begin? Learn more about senior housing options... Discover the importance of establishing a strategy for a future move...and understand the art of timing when selling your home.

May 16th - Does the Thought of Downsizing and Moving Overwhelm You?

Program Code: CD 516

Presented by: Jill Freeman with Gentle Transitions, Jill Freeman will be presenting educational tips to help those considering an upcoming move or who would like to declutter for the future. From downsizing, sorting, getting rid of the excess, to packing, unpacking and resettling, you will gain valuable knowledge and a multitude of resources to get through the process “gently”.

May 23rd - Simple Technologies That Can Change Your Life

Program Code: CD 523

Presented by Kate Ingalls-Maloney from Augustana Care Learning Lab for Eldercare Technologies. Enjoy an overview of various aging technology devices to support you within the home. We will demonstrate several technologies in each of 5 general categories – Health, Safety, Social, Education and Environmental, including our Robot.

May 30th- Homecare: Choices, choices...but what's Covered by Medicare

Program Code : CD 530

Presented by Laura Warhol from Interim Healthcare. Find out what benefits are covered by Medicare: how long can homecare services last; a brief overview of DME (durable medical equipment) coverage. Plus, we'll sort out personal care and support services, and decipher the licenses for senior housing and care.

June 6th - Taking Care of the Caregiver

Program Code: CD 606

Presented by Rev. Arlen Solem from Emerald Crest. As the number of persons with Alzheimer's and related dementia increases worldwide so does the number of caregivers caring for them. Discuss the importance of taking time to care for yourself as a caregiver and guide you to resources and services in the community that you may want to add to your caregiving tool box.

June 13th - Life Care Planning– HC Directive, POA & Living Will Documents

Program Code: CD 613

Presented by Jessica Lindstrom from Long, Reher, Hanson, Price. Join us for an informative presentation by one of the state's leading elder law firms on what important documents you should have in place for yourself and your loved ones if you are the main caregiver. The speaker will focus on health care directives, power of attorneys and a living will document.

June 20th - Hospice 101: Who, What, When, Where, Why?

Program Code: CD 620

Presented by Dan Dias from Grace Hospice. Designed to be an 'open forum discussion of the “if” word hospice. What is it? Who pays for it? Who should I call? Where is it provided? When should I talk about it? Why do I need it? Learn more so you can take the mystery out of the “H” word.

June 27th - Estate and Funeral Planning

Program Code: CD 627

Presented by Barb Brekke from McNearney & Schmidt Funeral Home. Jump start your New Year's Resolutions by attending this 90-minute program and learn more about Legal Tools, Medical Assistance, Advanced Funeral Planning and more. Local Attorney, Barb Brekke will address estate planning and medical assistance guidelines.

For More Information, please contact: ckress@shakopeenm.gov or 952-233-9516.

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