

**EMERALD CREST WEEKLY
SRING/SUMMER MENU
2025**

WEEK 3



WEEK OF: 04/21 TO 4/27

MONTH: APRIL

MONDAY 04/21

BREAKFAST

DENVER SCRAMBLED
EGGS
CHOICE OF CEREAL
CHOICE OF JUICE
CINNAMON RAISIN
TOAST
MARGARINE

LUNCH

BROILED SALMON
ROASTE CORN SALSA
RICE PILAF
CAPE COD BLEND
LEMON BAR

DINNER

SLOPPY JOE
BUN
RANCH POTATO
WEDGES
CAPRI
VEGETABLE
BLEND
FRESH FRUIT

TUESDAY 04/22

BREAKFAST

EGG & CHEESE
CROISSANT
SANDWICH
CHOICE OF
CEREAL
CHOICE OF JUICE

LUNCH

DIJON CHICKEN
ROASTED
POTATOES
HONEY MUSTARD
STEAMED SPINACH
**CARMEL PECAN
BARS**

DINNER

BEEF LASAGNA
ITALIAN BLEND
GARLIC BREAD
**MANDARIAN
ORANGES**

WEDNESDAY 04/23

BREAKFAST

HAM, CHEESE, &
VEGETABLE FRITTATA
TOAST WITH
MARGARINE & JELLY
CHOICE OF CEREAL
CHOICE OF JUICE

LUNCH

BEEF STROGANOFF
PRINCE EDWARD
ISLAND BLEND
OATMEAL PIE

DINNER

TURKEY
CRANBERRY ON
A CROISSANT
PICKLED BEETS
ROASTED
BUTTERNUT
SQUASH SOUP
PEARS

THURSDAY 04/24

BREAKFAST

PANCAKE WITH
SYRUP
SAUSAGE LINKS
CHOICE OF
CEREAL
CHOICE OF JUICE

LUNCH

SWISS STEAKS
MASHED POTATO
SCANDINAVIAN
BLEND
**CHEESECAKE
WITH
STRAWBERRY
SAUCE**

DINNER

HAM & POTATO
GRATIN
GREEN BEANS
**DINNER ROLLS
APRICOTS**

FRIDAY 04/25

BREAKFAST

FRENCH TOAST
STICK WITH SYRUP
HARD BOILED EGG
CHOICE OF CEREAL
CHOICE OF JUICE

LUNCH

FISH & CHIPS
TARTER SAUCE
MALT VINEGAR
COLE SLAW
CHOCOLATE CAKE

DINNER

ROASTED MEATLESS
BONELESS CHICKEN
WINGS
BBQ SAUCE
POTATO CHIPS
CARROT & CELERY
STICKS WITH RANCH
FRESH FRUIT

SATURDAY 04/26

BREAKFAST

FRIED EGG CHOICE
OF CEREAL
FRUIT MUFFIN
WITH MARGARINE
BACON
CHOICE OF JUICE

LUNCH

ROAST BEEF
MASHED POTATO
BEEF GRAVY
BROCCOLI
FLORETS
**FROSTED BANANA
CAKE**

DINNER

STUFFED CABBAGE
ROLL
BREADSTICK
ASPARAGUS
**FRUITED GELATIN
WITH WHIPPED
CREAM**

SUNDAY 04/27

BREAKFAST

APPLE TURNOVER
CHOICE OF CEREAL
SAUSAGE LINKS
CHOICE OF JUICE

LUNCH

BBQ MEATBALLS
CHEESY
HASBROWNS
MIXED
VEGETABLES
FRUIT PIE

DINNER

CHICKEN TENDERS
BBQ SAUCE
SHOESTRING FRIES
TOSSED SALAD
WITH DRESSING
FRESH GRAPES

IMPORTANT NOTES