

# Emerald Crest Dining Menu

Week of January 11th

	Breakfast	Lunch	Dinner
<b>Monday</b>	<b>Scrambled Eggs</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Beef Pepper Steak</b> Mashed Potatoes Carrots Ice Cream	<b>Chicken Wild Rice Soup</b> <b>Turkey Salad on Croissant</b> Peaches
<b>Tuesday</b>	<b>Cream of Wheat</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Chicken w/ Gravy</b> Rosemary Roasted Potatoes Green Beans Fruit Crisp	<b>Tator Tot Hotdish</b> Corn Dinner Roll Fruit Cocktail
<b>Wednesday</b>	<b>French Toast</b> Margarine & Syrup Bacon Chilled Juice	<b>Meatloaf</b> Au Gratin Potatoes Key West Vegetables Brownie	<b>Chicken Pattie on Bun</b> Potato Chips Broccoli Mixed Fruit
<b>Thursday</b>	<b>Scrambled Eggs</b> Breakfast Sausage Wheat Toast Margarine & Jelly Chilled Juice	<b>Pot Roast</b> Mashed Potatoes Prince Edward Vegetables Cookie	<b>Polish Sausage</b> Potato Wedges Mixed Vegetables Pears
<b>Friday</b>	<b>Waffles</b> Margarine & Syrup Bacon Chilled Juice	<b>Baked Fish Fillet</b> Baby Baked Potatoes Capri Vegetables Strawberry Shortcake	<b>French Bread Cheese Pizza</b> Marinara Dipping Sauce Vegetables Melon Cubes
<b>Saturday</b>	<b>Omelet</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Chicken Kiev</b> Garden & Wild Rice Blend Broccoli Pie	<b>Beer Cheese Soup</b> <b>Ham Sandwich</b> Brussel Sprouts Grapes
<b>Sunday</b>	<b>Pancakes</b> Margarine & Syrup Bacon Chilled Juice	<b>Salisbury Steak</b> Potato Pancake Green Beans Cake	<b>Chicken ala King over Biscuit</b> California Vegetables Cookie

\*This menu is subject to change.

Week 3