Emerald Crest Dining Menu



Week of August 12th 2019			
	Breakfast	Lunch	Supper
Monday	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	BBQ Meatballs Red Potatoes Veggies Cookie	Chicken Salad on Croissant Potato Chips Pineapple Coleslaw Tropical Fruit
Tuesday	Oatmeal w/ Brown Sugar Wheat Toast Margarine & Jelly Chilled Juice	Pork Steak Baby Baked Potatoes Key West Veggies Cream Puff	Beef Stroganoff over Noodles California Blend Vegetables Dinner Roll Fresh Fruit
Wednesday	French Toast Margarine & Syrup Bacon Chilled Juice	Baked Chicken Tator Tots Green Beans Cake	BBQ Pulled Pork on Bun Onion Rings Corn Cookie
Thursday	Waffles Margarine & Syrup Breakfast Sausage Chilled Juice	Meatloaf with Gravy Mashed Potatoes Carrots Ice Cream	Chicken Pasta Salad over Lettuce Leaf Cherry Tomatoes Breadstick Grapes
Friday	Pancakes Margarine & Syrup Bacon Chilled Juice	Fish of the Day Tartar Sauce Baked Potato w/ Sour Cream Peas & Pearl Onions Brownie	Cheese Ravioli Mixed Vegetables Breadstick Chilled Peaches
Saturday	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Broccoli & Cheese Stuffed Chicken Breast Garden & Wild Rice Blend Veggies Peanut Butter Rice Krispie Bar	Scalloped Potatoes with Ham Spring Veggies Cornbread Muffin Fresh Fruit
Sunday *This menu may be sub	Omelet Breakfast Sausage Wheat Toast Margarine & Jelly Chilled Juice	Pot Roast Mashed Potatoes Green Beans Pie	Chicken Strips Wedge Fries Baked Beans Chilled Melon