

AUGUST 2026 WEEK 1

	MONDAY 08/03	TUESDAY 08/04	WEDNESDAY 08/05	THURSDAY 08/06	FRIDAY 08/07	SATURDAY 08/08	SUNDAY 08/09
BREAKFAST CHOICE OF CEREAL CHOICE OF BEVERAGE	MAIN: FRENCH TOAST STICKS SIDE: FRIED EGGS	MAIN: WAFFLE STICKS SIDE: BACON	MAIN: BACON & CHEESE EGG BAKE SIDE: SAUSAGE LINK	MAIN: PANCAKES SIDE: BACON	MAIN: MINI FRUIT MUFFIN SIDE: SAUSAGE LINK SCRAMBLE PATTY	MAIN: DENVER SCRAMBLE SIDE: CINNAMON BURST TOAST	MAIN: HAM, CHEESE, & VEGETABLE FRITTATA SIDE: TOAST
LUNCH MAIN/ENTREE STARCH/SIDE VEGETABLE DESSERT	BBQ MEATBALLS MAC & CHEESE VEGETABLE S WATERMELON	CREAMY CHICKEN PASTA SALAD GARLIC TOAST BROWNIE	ROAST BEEF MASHED POTATOES W/ GRAVY VEGETABLES BARS	CHICKEN ALA KING MINI GARLIC CHEDDAR BISCUITS VEGETABLES ICE CREAM BAR	SALMON PATTY ON A BUN W/ GARLIC AOLI ROASTED POTATO VEGETABLES COOKIES	CHICKEN FRIED RICE VEGETABLE EGG ROLLS VEGETABLES CARMEL CHEESE CAKE	BONELESS CHICKEN WINGS W/ BBQ & HONEY MUSTARD SAUCE FRIES VEGETABLES CAKE
DINNER MAIN/ENTREE STARCH/SIDE VEGETABLE DESSERT- FRUIT	CHICKEN CHOW MEIN OVER WHITE RICE W/ CRISPY NOODLES MANDARIN ORANGES	HAM & SWISS SANDWICH LOADED POTATO SOUP VEGETABLES FRUIT COCKTAIL	CHEESY HASH BROWNS W/ DICED HAM VEGETABLES DINNER ROLL SEASONAL FRESH FRUIT	CHICKEN TENDERS W/ HONEY MUSTARD SHOESTRING FRIES GRAPES	TURKEY CRANBERRY SALAD ON A CROISSANT VEGETABLE BEEF BARLEY SOUP PEARS	SLOPPY JOE ON A BUN POTATO WEDGES VEGETABLES APPLE SAUCE W/ CINNAMON	PEPPERONI PIZZA GARDEN SALAD W/ DRESSING GARLIC TOAST PEACHES



EMERALD CREST

memory care a ministry of cassia*

AUGUST 2026 WEEK 2

	MONDAY 08/10	TUESDAY 08/11	WEDNESDAY 08/12	THURSDAY 08/13	FRIDAY 08/14	SATURDAY 08/15	SUNDAY 08/16
BREAKFAST CHOICE OF CEREAL CHOICE OF BEVERAGE	MAIN: CHEDDAR CHEESE OMELET SIDE: TOAST	MAIN: PANCAKES SIDE: SAUS AGE LINKS	MAIN: APPLE STRUDEL SIDE: FRIED EGGS	MAIN: FRENCH TOAST SIDE: BACON	MAIN: SCRAMBLED EGGS W/ CHEESE SIDE: TOAST	MAIN: EGG BITES W/ BACON, CHEESE, HASHBROWNS SIDE: CINNAMON BURST	MAIN: DANISH PASTRY SIDE: FRIED EGGS
LUNCH MAIN/ENTREE STARCH/SIDE VEGETABLE DESSERT	SWEDISH MEATBALLS W/ PASTA VEGETABLES GARLIC TOAST ICE CREAM SANDWICH	COUNTRY FRIED STEAKS MASHED POTATO W/ COUNTRY GRAVY VEGETABLES CREAM PIE	SALISBURY STEAK MASHED POTATO W/ GRAVY VEGETABLES COOKIES	ORANGE CHICKEN W/ STEAMED RICE VEGETABLE EGG ROLLS VEGETABLES SMORES PUDDING PARFAIT	POLLOCK BEER BATTER 2-3 OZ GARDEN BLEND RICE VEGETABLES ORANGE CREAMSICLES	ROSEMARY GRILLED CHICKEN BREAST ROASTED POTATOES VEGETABLES CAKE	BBQ CHICKEN THIGH MAC & CHEESE VEGETABLES BARS
DINNER MAIN/ENTREE STARCH/SIDE VEGETABLE DESSERT- FRUIT	BEER BRATS ON A BUN BAKED BEANS POTATO CHIPS SEASONAL FRUIT	CHICKEN BACON RANCH PASTA BAKE VEGETABLES DINNER ROLLS GRAPES	BURGER W/ LETTUCE & TOMATO POTATO SALAD PASTA SALAD PEACHES	MINI TURKEY CORN DOGS FRIES VEGETABLES APRICOTS	CHICKEN SALAD ON A CROISSANT 3 BEAN SALAD FRUIT COCKTAIL	TATER TOT HOT DISH VEGETABLES PEARS	BEEF TACO SALAD LETTUCE, TOM, CHEESE, SOUR CREAM, 3 COLOR TORTILLA STRIPS PINEAPPLES



EMERALD CREST

memory care a ministry of cassia*

AUGUST 2026 WEEK 3

	MONDAY 08/17	TUESDAY 08/18	WEDNESDAY 08/19	THURSDAY 08/20	FRIDAY 08/21	SATURDAY 08/22	SUNDAY 08/23
BREAKFAST CHOICE OF CEREAL CHOICE OF BEVERAGE	MAIN: SCRAMBLED EGGS SIDE: MINI MUFFINS	MAIN: PANCAKES SIDE: SAUSAGE LINKS	MAIN: CINNAMON RAISIN TOAST SIDE: FRIED EGGS BANANA	MAIN: WAFFLES SIDE: BACON	MAIN: CHEESE OMELET SIDE: TOAST	MAIN: FRENCH TOAST SIDE: SAUSAGE LINKS	MAIN: DONUTS SIDE: SCRAMBLE PATTY
LUNCH MAIN/ENTREE STARCH/SIDE VEGETABLE DESSERT	BBQ BONELESS PORK RIBS COLESLAW SEASONED FRIES POPSICLES	SWISS STEAKS MASHED POTATOES VEGETABLES CHEESECAKE W/ STRAWBERRY SAUCE	SPAGHETTI & MEATBALLS GARLIC TOAST VEGETABLES BARS	KIELBASA MAC & CHEESE BITES VEGETABLES FUDGE BROWNIE	CATCH OF THE DAY LEMON WEDGE POTATO WEDGES VEGETABLES VANILLA CREAM PUFF	PANKO CRUSTED CHICKEN BREAST W/ MARINARA SAUCE ROASTED POTATO VEGETABLES ICE CREAM	ROASTED TURKEY MASHED POTATOES W/ GRAVY VEGETABLES BLUEBERRY COBBLER
DINNER MAIN/ENTREE STARCH/SIDE VEGETABLE DESSERT- FRUIT	ALL BEEF HOT DOG ON A BUN COLESLAW CHIPS PEARS	CHICKEN KIEV WILD RICE BLEND VEGETABLES PEACHES	TUNA SALAD SANDWICH W/ LETTUCE & TOMATO CHIPS VEGETABLES SEASONAL FRUIT	RANCH TURKEY CLUB SALAD DINNER ROLLS WATERMELON	ROAST BEEF SANDWICH CHICKEN NOODLE SOUP FRUIT COCKTAIL	CHICKEN ALFREDO GARLIC TOAST VEGETABLES APRICOTS	CHICKEN TACO BOWL CHEESE, LETTUCE, DICED TOMATO, SOUR CREAM CILANTRO LIME RICE TROPICAL FRUIT

AUGUST 2026 WEEK 4

	MONDAY 08/24	TUESDAY 08/25	WEDNESDAY 08/26	THURSDAY 08/27	FRIDAY 08/28	SATURDAY 08/29	SUNDAY 08/30	
BREAKFAST	CHOICE OF CEREAL CHOICE OF BEVERAGE	MAIN: BREAKFAST EGG ROLL W/ HOLLANDISE SAUCE SIDE: MINI MUFFINS	MAIN: WAFFLES SIDE: SAUSAGE LINKS	MAIN: PANCAKES SIDE: BACON	MAIN: FRENCH TOAST SIDE: SAUSAGE LINKS	MAIN: FRIED EGGS SIDE: CINNAMON BURST TOAST	MAIN: CINNAMON ROLL SIDE: SCRAMBLED EGGS	
LUNCH	MAIN/ENTREE STARCH/SIDE VEGETABLE DESSERT	CHICKEN TENDERS MAC & CHEESE VEGETABLES MOON PIE	APPLEWOOD SMOKED PORK LOIN W/ SWEET & SOUR SAUCE ROASTED POTATO ASIAN SLAW ICE CREAM BAR	CORDON BLUE RICE PILAF VEGETABLES MIXED BERRY CHEESECAKE	MEATLOAF MASH POTATO W/ GRAVY DINNER ROLL VEGETABLES COOKIE	GARLIC & HERB BAKED FISH TARTAR SAUCE ROASTED POTATO VEGETABLES CAKE	BRAISED PORK ROAST BAKED POTATO W/ SOUR CREAM VEGETABLES SHERBERT	
DINNER	MAIN/ENTREE STARCH/SIDE VEGETABLE DESSERT- FRUIT	HAM & SWISS SANDWICH MINSTRONE SOUP CRACKERS PINEAPPLE	SEAFOOD SALAD SERVED ON A BED OF LETTUCE PICKLED BEETS TROPICAL FRUIT	COLD TURKEY SANDWICH BROCCOLI SOUP VEGETABLES SEASONAL FRESH FRUIT	CHICKEN PESTO PENNE VEGETABLES GARLIC TOAST GRAPES	2 CHEESE GRILLED CHEESE BASIL TOMATO SOUP CRACKERS PEARS	SHRIMP BEER BATTER ALASKAN WHITE ALE POTATO WEDGE VEGETABLES APRICOTS	GREEK SALAD W/ CHICKEN MINI GARLIC CHEDDAR BISCUITS PEACHES