

Emerald Crest Dining Menu

Week of January 20th, 2020

	Breakfast	Lunch	Dinner
Monday	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	Baked Chicken Rice Pilaf Vegetable Cookie	Cheeseburger Fries Peaches
Tuesday	Oatmeal w/ Brown Sugar Wheat Toast Margarine & Jelly Chilled Juice	Meatloaf Mashed Potatoes Brussel Sprouts Cake	Scalloped Potato & Ham Casserole Carrots Dinner Roll Mandarin Oranges
Wednesday	Waffles Margarine & Syrup Bacon Chilled Juice	Roast Turkey Sweet Potato Green Beans Ice Cream	Soup of Day Ham Sandwich Chips Banana
Thursday	Scrambled Eggs Breakfast Sausage Chilled Juice	Salisbury Steak Tri Taters Wax Beans Pie	Chicken Chow Mein over Rice Mini Veggie Egg Roll Oriental Blend Vegetables Cookie
Friday	Pancakes Margarine & Syrup Bacon Chilled Juice	Lemon Pepper Fish Potato Wedges Veggie Blend Fruited Jell-O	Sloppy Joe on Bun Baked Tator Tots Corn Apricots
Saturday	Omelet Wheat Toast Margarine & Jelly Chilled Juice	Swedish Meatballs Mashed Potatoes Vegetables Brownie	Chicken Tenders Baked Onion Rings Mixed Vegetables Grapes
Sunday	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Stuffed Chicken Rice Carrots Pie	Turkey & Noodle Casserole Green Beans Dinner Roll Pineapple

*This menu may be subject to change.

Week 1