## Emerald Crest **O**ining Menu

| Week of February 24 <sup>th</sup> , 2020 |   |   |   |
|--|---|---|---|
|  | Breakfast   | Lunch   | Supper  |
| Monday                                   | <b>Scrambled Eggs</b><br>Wheat Toast<br>Margarine & Jelly<br>Chilled Juice          | <b>Chicken Supreme</b><br>Roasted Potatoes<br>Peas<br>Cookie  | Hot Dog on Bun<br>Potato Chips<br>V8 Juice<br>Pears   |
| Tuesday                                  | <b>Cream of Wheat</b><br>Wheat Toast<br>Margarine & Jelly<br>Chilled Juice          | <b>Beef Stroganoff</b><br>Green Beans<br>Dinner Roll<br>Brownie   | <b>Shrimp Poppers</b><br>Macaroni & Cheese<br>Vegetables<br>Peaches                             |
| Wednesday                                | <b>Scrambled Eggs</b><br>Bacon<br>Wheat Toast<br>Margarine & Jelly<br>Chilled Juice | <b>Pork Roast</b><br>Sweet Potatoes<br>Key West Vegetables<br>Pudding   | <b>Chicken &amp; Broccoli Casserole</b><br>Dinner Roll<br>Mandarin Oranges                      |
| Thursday                                 | <b>Waffles</b><br>Margarine & Syrup<br>Breakfast Sausage<br>Chilled Juice           | <b>Fish of the Day</b><br>French Fries<br>Prince Edward Vegetables<br>Pie                                     | Chicken Noodle Soup<br>Ham & Cheese on Croissant<br>Melon Cubes                                 |
| Friday                                   | <b>Pancakes</b><br>Margarine & Syrup<br>Bacon<br>Chilled Juice                      | <b>Swiss Steak</b><br>Mashed Potatoes<br>Carrots<br>Ice Cream   | <b>Cheese Tortellini</b><br>Mixed Vegetables<br>Breadstick<br>Grapes                            |
| Saturday                                 | Oatmeal w/ Brown Sugar<br>Wheat Toast<br>Margarine & Jelly<br>Chilled Juice         | Sweet & Sour Chicken<br>over Rice<br>Mini Vegetable Egg Roll<br>Oriental Blend Vegetables<br>Rice Krispie Bar | <b>Goulash</b><br>Corn<br>Dinner Roll<br>Fruit Cocktail   |
| Sunday<br>*This menu may be subj         | Omelet<br>Bacon<br>Wheat Toast<br>Margarine & Jelly<br>Chilled Juice                | <b>BBQ Meatballs</b><br>Boiled Potatoes<br>Cauliflower w/ Cheese Sauce<br>Pie                                 | <b>Battered Cod</b><br>Tartar Sauce<br>French Fries<br>Capri Blend Vegetables<br>Tropical Fruit |