



Hopkins Activity Center and Emerald Crest of Minnetonka are excited to offer a free monthly Memory Café for individuals with dementia and their care partners to engage in peer and community connections in a supportive, safe and comfortable setting. Chaplain Arlen Solem will lead the events.

### WHAT IS A MEMORY CAFE?

Memory Café is a program for individuals living with early to moderate stage memory loss and their care partners in an engaging and safe environment. Come laugh, learn, and remain socially connected with others sharing the same experiences.

2nd Monday of each month, starting 9/11/23, 11 am – Noon

## Hopkins Activity Center

33 14th Ave N., Hopkins, MN 55343

Coffee and snacks provided | This is a free event | Registration requested



### CHAPLAIN ARLEN SOLEM

Chaplain Arlen Solem graduated seminary from the Lutheran School of Theology at Chicago and completed a chaplaincy residency with Aurora Health Care in Milwaukee. He began his career with Cassia at the Augustana Health Care Center in Minneapolis in 2016. He loves leading worship services and interacting with residents, whom he considers to be friends.

**For Questions and Registration:** [Christine.Drasher@CassiaLife.org](mailto:Christine.Drasher@CassiaLife.org) | **612-408-7754**