

# Emerald Crest Dining Menu

Week of January 28<sup>th</sup> 2019

	Breakfast	Lunch	Supper
<b>Monday</b>	<b>Scrambled Eggs</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Chicken Supreme</b> Roasted Potatoes Peas Cookie	<b>Hot Dog on Bun</b> Potato Chips V8 Juice Pears
<b>Tuesday</b>	<b>Cream of Wheat</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Beef Stroganoff</b> Green Beans Dinner Roll Brownie	<b>Shrimp Poppers</b> Macaroni & Cheese Vegetables Peaches
<b>Wednesday</b>	<b>Scrambled Eggs</b> Bacon Wheat Toast Margarine & Jelly Chilled Juice	<b>Pork Roast</b> Sweet Potatoes Key West Vegetables Pudding	<b>Chicken &amp; Broccoli Casserole</b> Dinner Roll Mandarin Oranges
<b>Thursday</b>	<b>Waffles</b> Margarine & Syrup Breakfast Sausage Chilled Juice	<b>Fish of the Day</b> French Fries Prince Edward Vegetables Pie	<b>Chicken Noodle Soup</b> <b>Ham &amp; Cheese on Croissant</b> Melon Cubes
<b>Friday</b>	<b>Pancakes</b> Margarine & Syrup Bacon Chilled Juice	<b>Swiss Steak</b> Mashed Potatoes Carrots Ice Cream	<b>Cheese Tortellini</b> Mixed Vegetables Breadstick Grapes
<b>Saturday</b>	<b>Oatmeal w/ Brown Sugar</b> Wheat Toast Margarine & Jelly Chilled Juice	<b>Sweet &amp; Sour Pork over Rice</b> Mini Vegetable Egg Roll Oriental Blend Vegetables Rice Krispie Bar	<b>Goulash</b> Corn Dinner Roll Fruit Cocktail
<b>Sunday</b>	<b>Omelet</b> Bacon Wheat Toast Margarine & Jelly Chilled Juice	<b>BBQ Meatballs</b> Boiled Potatoes Cauliflower w/ Cheese Sauce Pie	<b>Battered Cod</b> Tartar Sauce French Fries Capri Blend Vegetables Tropical Fruit

\*This menu may be subject to change.

Week 2