

SAVE THE DATE

Annual Caregiver Forum

Caregiver Support

Effective strategies for those caring for a person with dementia

- ◆ Communication Techniques
- ◆ Responding to Dementia Related Behaviors
- ◆ Aromatherapy: Uses and Benefits

Tuesday, January 29th, 2019

4:30 pm - 7:00 pm

At Open Circle Adult Day Services
34 10th Ave South, Hopkins MN 55343

RSVP 952-935-8143

Session I Presenter
Alzheimer's Association MN-ND (Speaker TBD)

Communication is more than just talking and listening – it's also about sending and receiving messages through attitude, tone of voice, facial expressions and body language. As people with Alzheimer's disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. Join us to explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

Event Schedule:

4:30 pm - 5:00 pm
Check In & Refreshments

5:00 pm
Introductions

5:15 pm - 6:15 pm
Session I

6:15 pm - 6:30 pm
Serve Dinner

6:30 pm - 7:00 pm
Session II

Resource tables, which will include materials from The Alzheimer's Association, will be available throughout the Forum.

Dinner is provided by sponsors.

Session II Presenter
Ellen Kerber, M.D.
Family Practice Physician and Wellness Advocate



Dr. Kerber will share current research and recommendations for using essential oils for both caregivers and their loved ones. Essential oils are a safe, simple method of promoting calm, rest, and balance and enhancing mood in those with dementia and in those who care for them.

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