

EMERALD CREST

WEEK 1 MENU

FEBRUARY 2ND TO
FEBRUARY 8TH

		BREAKFAST	LUNCH	DINNER
MONDAY	02/02	SCRAMBLED EGGS APPLE SLICES BACON CHOICE OF BEVERAGE CHOICE OF CEREAL	CHICKEN CORDON BLEU GARDEN VEGETABLE RICE PILAF VEGETABLES BROWNIE	BEEF HOT DOG ON A BUN BAKED BEANS FRIES PEARS
TUESDAY	02/03	WAFFLES SAUSAGE LINKS CHOICE OF BEVERAGE CHOICE OF CEREAL	POT ROAST W/ VEGETABLES MASH POTATO W/ BEEF GRAVY CARROT CAKE	CHICKEN NOODLE SOUP HAM & SWISS SANDWICH VEGETABLES GRAPES
WEDNESDAY	02/04	FRIED EGGS FRUIT MUFFIN BACON CHOICE OF BEVERAGE CHOICE OF CEREAL	BBQ ROASTED CHICKEN THIGH ROASTED POTATOES VEGETABLES ICE CREAM	VEGETABLE LASAGNA GARLIC TOAST VEGETABLES PEACHES
THURSDAY	02/05	SCONES SAUSAGE PATTY CHOICE OF BEVERAGE CHOICE OF CEREAL	POLISH SAUSAGE W/ ONIONS & PEPPERS POTATO WEDGES VEGETABLES VANILLA CREAM PUFF	GRILLED CHICKEN ROSEMARY POTATOES VEGETABLES APRICOTS
FRIDAY	02/06	CHEESE OMELET CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	LEMON PEPPER FISH LEMON JUICE/TARTAR SAUCE POTATO CAKES SIDE SALAD CHOCOLATE CAKE	CHICKEN POT PIE VEGETABLES PINEAPPLE
SATURDAY	02/07	SAUSAGE GRAVY OVER BISCUIT CHOICE OF BEVERAGE CHOICE OF CEREAL	TATOR TOT HOT DISH GARLIC TOAST VEGETABLES CREAM PIE	GRILLED CHEESE BEEF BARLEY SOUP VEGETABLES SEASONAL FRUIT
SUNDAY	02/08	DANISH HARD COOKED EGGS CHOICE OF BEVERAGE CHOICE OF CEREAL	CHICKEN CHOW MEIN OVER WHITE RICE VEGETABLES BARS	BBQ RIBLET ON A BUN CURLY FRIES VEGETABLES COOKIES

EMERALD CREST WEEK 2 MENU

FEBRUARY 9TH TO
FEBRUARY 15TH

		BREAKFAST	LUNCH	DINNER
MONDAY	02/09	HAM, VEGGIE, & CHEESE FRITTATA CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	BBQ RIBS BAKED BEANS CORNBREAD VEGETABLES BARS	CHEESE PIZZA SIDE SALAD MINI GARLIC CHEDDAR BISCUIT APPLE SLICES
TUESDAY	02/10	WAFFLES SAUSAGE LINKS CHOICE OF BEVERAGE CHOICE OF CEREAL	MEATSAUCE OVER PENNE GARLIC TOAST VEGETABLES COOKIES	KIELBASA W/ SAURKRAUT BOILED POTATOES VEGETABLES FRUIT COCKTAIL
WEDNESDAY	02/11	FRIED EGGS BACON CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	CHICKEN ALFREDO GARLIC BREADSTICK VEGETABLES CHOCOLATE ECLAIR	MINESTONE SOUP W/ ROAST BEEF SANDWICH VEGETABLES PEACHES
THURSDAY	02/12	FRUIT MUFFIN CANADIAN BACON CHOICE OF BEVERAGE CHOICE OF CEREAL	FISH OF THE DAY MALT VINEGAR/TARTAR LOADED TOTS VEGETABLES FRUIT GELATIN	HAMBURGER ON A BUN LET & TOM SIDE SALAD GRAPES
FRIDAY	02/13	SCRAMBLED EGGS W/ CHEESE CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	SWEDISH MEATBALLS W/ NOODLES GARLIC BREADSTICK VEGETABLES CHOCOLATE COVERED STRAWBERRY CUPCAKE	CABBAGE ROLLS VEGETABLES DINNER ROLLS TROPICAL FRUIT
SATURDAY	02/14	EGG & CHEESE CROISSANT CHOICE OF BEVERAGE CHOICE OF CEREAL	MEATLOAF MASHED POTATO BEEF GRAVY VEGETABLES ICE CREAM	ORANGE CHICKEN FRIED RICE VEGETABLE EGG ROLLS VEGETABLES APRICOT
SUNDAY	02/15	DONUT HARD COOKED EGGS CHOICE OF BEVERAGE CHOICE OF CEREAL	BEEF RAVIOLI IN TOMATO SAUCE GARLIC TOAST VEGETABLES CAKE	TOMATO SOUP 2 CHEESE GRILL CHEESE SIDE SALAD PEARS

EMERALD CREST

WEEK 3 MENU

FEBRUARY 16TH TO
FEBRUARY 22ND

		BREAKFAST	LUNCH	DINNER
MONDAY	02/16	FRENCH TOAST BACON CHOICE OF BEVERAGE CHOICE OF CEREAL	COUNTRY FRIED STEAK MASHED POTATO W/ COUNTRY GRAVY VEGETABLES COOKIES	BAKED POTATO SOUP HAM & SWISS SANDWICH VEGETABLES FRUIT COCKTAIL
TUESDAY	02/17	YOGURT PARFAIT SAUSAGE LINKS CHOICE OF BEVERAGE CHOICE OF CEREAL	MAC & CHEESE W/ BACON BITS DINNER ROLLS VEGETABLES CAKE	CHICKEN SALAD OVER A CROISSANT W/ LET & TOM 3 BEAN SALAD MANDARIN ORANGES
WEDNESDAY	02/18	SAUSAGE, EGG & CHEESE BISCUIT CHOICE OF BEVERAGE CHOICE OF CEREAL	SALISBURY STEAK ROASTED POTATOES VEGETABLES BARS	TURKEY TETRAZZINI DINNER ROLL VEGETABLES PINEAPPLE
THURSDAY	02/19	WAFFLES SAUSAGE LINKS CHOICE OF BEVERAGE CHOICE OF CEREAL	HAM STEAK AU GRATIN POTATOES VEGETABLES CHEESECAKE	CHICKEN WILD RICE SOUP TURKEY SANDWICH VEGETABLES APPLE SLICES
FRIDAY	02/20	CHEESE OMELET BACON CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	SALMON PATTY W/ LEMON SAUCE POTATO WEDGES VEGETABLES CREAM PIES	SLOPPY JOE ON A BUN TATER TOTS VEGETABLES APRICOTS
SATURDAY	02/21	PANCAKES SAUSAGE LINKS CHOICE OF BEVERAGE CHOICE OF CEREAL	BEEF STEW OVER RICE VEGETABLES ICE CREAM	CHICKEN TENDERS MAC & CHEESE BITES VEGETABLES GRAPES
SUNDAY	02/22	COFFEE CAKE SCRAMBLED EGGS CHOICE OF BEVERAGE CHOICE OF CEREAL	OPEN FACED TURKEY SANDWICH MASH POTATO TURKEY GRAVY VEGETABLES COOKIES	CALIFORNIA CHEESEBURGER ON A BUN LET/TOM/ONIONS FRIES PEACHES

EMERALD CREST

WEEK 4 MENU

FEBRUARY 23RD
TO MARCH 1ST

		BREAKFAST	LUNCH	DINNER
MONDAY	02/23	PANCAKES SAUSAGE LINKS CHOICE OF BEVERAGE CHOICE OF CEREAL	NOODLES W/ MEAT SAUCE DINNER ROLLS VEGETABLES ICE CREAM	HAM & CHEESE ON A CROISSANT CREAM OF BROCCOLI SOUP PEACHES
TUESDAY	02/24	SCRAMBLED EGGS W/ CHEESE CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	SWISS STEAKS MASH POTATO VEGETABLES CREAM PIES	SQUASH RAVIOLI W/ BUTTER SAUCE DINNER ROLLS VEGETABLES GRAPES
WEDNESDAY	02/25	WAFFLES BACON CHOICE OF BEVERAGE CHOICE OF CEREAL	BBQ PULLED PORK SANDWICH SWEET POTATO FRIES VEGETABLES PUDDING	MINI CORNDOGS SHOE STRING FRIES VEGETABLES TROPICAL FRUIT
THURSDAY	02/26	CHOCOLATE CROISSANT SAUSAGE LINK CHOICE OF BEVERAGE CHOICE OF CEREAL	SWEET & SOUR CHICKEN WHITE RICE VEGETABLES COOKIES	TUNA CASSEROLE MINI GARLIC CHEDDAR BISCUIT VEGETABLES PEARS
FRIDAY	02/27	FRENCH TOAST BACON CHOICE OF BEVERAGE CHOICE OF CEREAL	VEGETARIAN CHILI CORNBREAD VEGETABLES BARS	ITALIAN SALAD BREADSTICK VEGETABLE APRICOTS
SATURDAY	02/28	SCRAMBLED EGGS W/ BACON & CHEESE CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	CHEESY HASH BROWN W/ DICED HAM VEGETABLE CAKE	CHICKEN PATTY ON A BUN WAFFLE FRIES VEGETABLES FRUIT COCKTAIL
SUNDAY	03/01	CINNAMON ROLLS FRIED EGGS CHOICE OF BEVERAGE CHOICE OF CEREAL	ROASTED CHICKEN BREAST W/ HERBS ROSEMARY POTATOES VEGETABLES RICE KRISPY BARS	TURKEY TACO BOWL LET/PICO/SHREDDED CHEESE/SOUR CREAM RICE & BEANS MANDARIN ORANGES