

Emerald Crest Dining Menu

Week of September 23rd, 2019

	Breakfast	Lunch	Dinner
Monday	Scrambled Eggs Wheat Toast Margarine & Jelly Chilled Juice	Swedish Meatballs over Egg Noodles Green Beans Cookies	Hot Dog on Bun Potato Salad Baked Beans Watermelon
Tuesday	French Toast Margarine & Syrup Bacon Chilled Juice	Roast Turkey Stuffing Veggies Ice Cream	Cheese Tortellini Prince Edward Veggies Garlic Toast Chilled Pears
Wednesday	Oatmeal w/ Brown Sugar & Raisins Wheat Toast Margarine & Jelly Chilled Juice	Beef Tips over Mashed Potatoes Asparagus Cheesecake	Ham & Pasta Salad over Lettuce Leaf Sliced Tomatoes Croissant Cantaloupe
Thursday	Waffles Margarine & Syrup Breakfast Sausage Chilled Juice	Garlic & Herb Chicken Red Potatoes Brussel Sprouts Brownie	Stuffed Cabbage Rolls in Tomato Sauce Baby Carrots Grapes
Friday	Pancakes Margarine & Syrup Bacon Chilled Juice	Battered Fish Wedge Tartar Sauce Baked Potato with Sour Cream Diced Beets Cake	Beef Macaroni Casserole Peas & Carrots Breadstick Fresh Fruit
Saturday	Cream of Wheat Wheat Toast Margarine & Jelly Chilled Juice	Pot Roast Mashed Potatoes Broccoli Pie	Grilled Ham & Cheese Sandwich French Fries Cucumber Slices w/ Dip Chilled Peaches
Sunday	Omelet Breakfast Sausage Wheat Toast Margarine & Jelly Chilled Juice	Chicken Kiev Garden & Wild Rice Blend Mixed Veggies Chocolate Éclair	Shrimp Poppers Mac & Cheese Green Beans Melon Cubes

*This menu is subject to change.

Week 4