

EMERALD CREST

WEEK 1 MENU

DECEMBER 1ST
TO DECEMBER
7TH

		BREAKFAST	LUNCH	DINNER
MONDAY	12/01	PANCAKES SAUSAGE LINKS CHOICE OF BEVERAGE CHOICE OF CEREAL	PENNE NOODLES W/ MEAT SAUCE DINNER ROLLS VEGETABLES ICE CREAM	HAM & CHEESE ON A CROISSANT CREAM OF BROCCOLI SOUP PEACHES
TUESDAY	12/02	SCRAMBLED EGGS W/ CHEESE CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	SHRIMP ALFREDO W/ NOODLES GARLIC TOAST BROCCOLI CREAM PIE	SQUASH RAVIOLI W/ CREAM SAUCE VEGETABLES GRAPES
WEDNESDAY	12/03	WAFFLES BACON CHOICE OF BEVERAGE CHOICE OF CEREAL	BBQ PULLED PORK SANDWICH SWEET POTATO FRIES VEGETABLES PUDDING	MINI CORNDOGS SHOE STRING FRIES VEGETABLES TROPICAL FRUIT
THURSDAY	12/04	SAUSAGE GRAVY OVER BISCUIT CHOICE OF BEVERAGE CHOICE OF CEREAL	SWEET & SOUR CHICKEN WHITE RICE VEGETABLE EGG ROLLS VEGETABLES COOKIES	SWISS STEAKS MASH POTATO VEGETABLES APRICOTS
FRIDAY	12/05	FRENCH TOAST CANADIAN BACON CHOICE OF BEVERAGE CHOICE OF CEREAL	TUNA CASSEROLE GARLIC BREADSTICK VEGETABLES STRAWBERRY SHORT CAKE	BEEF HOT DOG ON A BUN BAKED BEANS FRIES PEARS
SATURDAY	12/06	EGG BAKE W/ BACON & CHEESE CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	HONEY CITRUS GLAZED HAM CHEESY HASH BROWNS GREEN BEANS CAKE	CHICKEN PATTY ON A BUN WAFFLE FRIES VEGETABLES FRUIT COCKTAIL
SUNDAY	12/07	CINNAMON ROLLS FRIED EGGS CHOICE OF BEVERAGE CHOICE OF CEREAL	CHICKEN SUPREME ROSEMARY POTATOES VEGETABLES RICE KRISPY BARS	BEEF TACO BOWL LET/PICO/SHREDDED CHEESE/SOUR CREAM RICE & BEANS MANDARIN ORANGES

EMERALD CREST

WEEK 2 MENU

DECEMBER 8TH TO
DECEMBER 14TH

		BREAKFAST	LUNCH	DINNER
MONDAY	12/08	SCRAMBLED EGGS APPLE SLICES BACON CHOICE OF BEVERAGE CHOICE OF CEREAL	CHICKEN CORDON BLEU RICE PILAF VEGETABLES BROWNIE	HEARTY BEEF CHILI CORNBREAD VEGETABLES FRUIT COCKTAIL
TUESDAY	12/09	BELGIAN WAFFLES SAUSAGE LINKS CHOICE OF BEVERAGE CHOICE OF CEREAL	POT ROAST W/ VEGETABLES MASHED POTATO W/ BEEF GRAVY COOKIES	CHICKEN NOODLE SOUP HAM & SWISS SANDWICH VEGETABLES GRAPES
WEDNESDAY	12/10	FRIED EGGS FRUIT MUFFIN BACON CHOICE OF BEVERAGE CHOICE OF CEREAL	BBQ ROASTED CHICKEN THIGH BAKED POTATOE W/ SOUR CREAM VEGETABLES ICE CREAM	VEGETABLE LASAGNA GARLIC TOAST VEGETABLES PEACHES
THURSDAY	12/11	FRENCH TOAST SAUSAGE PATTY CHOICE OF BEVERAGE CHOICE OF CEREAL	POLISH SAUSAGE W/ ONIONS & PEPPERS POTATO WEDGES VEGETABLES VANILLA CREAM PUFF	SMOTHERED CHICKEN BREAST ROSEMARY POTATOES VEGETABLES PEARS
FRIDAY	12/12	CHEESE OMELET CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	LEMON PEPPER FISH TARTAR SAUCE/LEMON JUICE PACKETS POTATO CAKES SIDE SALAD DOUBLE CHOCOLATE CAKE	CHICKEN POT PIE OVER BISCUIT VEGETABLES PINEAPPLE
SATURDAY	12/13	SAUSAGE GRAVY OVER BISCUIT CHOICE OF BEVERAGE CHOICE OF CEREAL	TATOR TOT HOT DISH GARLIC TOAST ZUCCHINI CREAM PIE	GRILLED CHEESE BEEF BARLEY SOUP VEGETABLES SEASONAL FRUIT
SUNDAY	12/14	DANISH HARD COOKED EGGS CHOICE OF BEVERAGE CHOICE OF CEREAL	CHICKEN CHOW MEIN OVER WHITE RICE VEGETABLE EGG ROLLS VEGETABLES BARS	BBQ RIBLET ON A BUN CURLY FRIES VEGETABLES COOKIES

EMERALD CREST

WEEK 3 MENU

DECEMBER 15TH TO
DECEMBER 21ST

		BREAKFAST	LUNCH	DINNER
MONDAY	12/15	HAM, VEGGIE, & CHEESE FRITATTA CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	BBQ RIBS BAKED BEANS CORNBREAD VEGETABLES CUP CAKES	CHICKEN WILD RICE SOUP TURKEY SANDWICH VEGETABLES APPLE SLICES
TUESDAY	12/16	WAFFLES TURKEY SAUSAGE CHOICE OF BEVERAGE CHOICE OF CEREAL	COUNTRY FRIED STEAK MASHED POTATO W/ COUNTRY GRAVY VEGETABLES COOKIES	KIELBASA W/ SAURKRAUT BOILED POTATOES VEGETABLES FRUIT COCKTAIL
WEDNESDAY	12/17	FRIED EGGS BACON CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	CHICKEN W/ PESTO CREAM SAUCE W/ TORTILLINI GARLIC BREADSTICK VEGETABLES CHOCOLATE ECLAIR	MINESTONE SOUP W/ ROAST BEEF SANDWICH VEGETABLES PEACHES
THURSDAY	12/18	FRUIT MUFFIN CANADIAN BACON CHOICE OF BEVERAGE CHOICE OF CEREAL	SWEDISH MEATBALLS W/ EGG NOODLES GARLIC BREADSTICK VEGETABLES FRUIT GELATIN	HAMBURGER ON A BUN LET & TOM STEAK POTATO SALAD GRAPES
FRIDAY	12/19	SCRAMBLED EGGS W/ CHEESE CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	FISH OF THE DAY MALT VINEGAR/TARTAR LOADED TOTS VEGETABLES CHEESECAKE	CABBAGE ROLLS VEGETABLES DINNER ROLLS TROPICAL FRUIT
SATURDAY	12/20	EGG & CHEESE CROISSANT CHOICE OF BEVERAGE CHOICE OF CEREAL	ORANGE CHICKEN FRIED RICE VEGETABLES ICE CREAM	MEATLOAF MASHED POTATO BEEF GRAVY CARROTS APRICOTS
SUNDAY	12/21	DONUT HOLES HARD COOKED EGGS CHOICE OF BEVERAGE CHOICE OF CEREAL	BEEF RAVIOLI W/ RED SAUCE GARLIC TOAST VEGETABLES CAKE	TOMATO SOUP 2 CHEESE GRILL CHEESE PASTA SALAD PEARS

EMERALD CREST

WEEK 4 MENU

DECEMBER 22ND TO
DECEMBER 28TH

		BREAKFAST	LUNCH	DINNER
MONDAY	12/22	FRENCH TOAST STICKS BACON CHOICE OF BEVERAGE CHOICE OF CEREAL	MEATSAUCE OVER PENNE GARLIC TOAST VEGETABLES COOKIES	BAKED POTATO SOUP HAM & SWISS SANDWICH VEGETABLES FRUIT COCKTAIL
TUESDAY	12/23	YOGURT PARFAIT SAUSAGE LINKS CHOICE OF BEVERAGE CHOICE OF CEREAL	GOULASH DINNER ROLLS VEGETABLES CAKE	EGG SALAD OVER A CROISSANT W/ LET & TOM CARROT SALAD MANDARIN ORANGES
WEDNESDAY	12/24	SAUSAGE, EGG & CHEESE BISCUIT CHOICE OF BEVERAGE CHOICE OF CEREAL	SALISBURY STEAK ROASTED POTATOES VEGETABLES CREAM PIE	TURKEY TETRAZZINI DINNER ROLL VEGETABLES PINEAPPLE
THURSDAY	12/25	BELGIAN WAFFLES SAUSAGE LINKS CHOICE OF BEVERAGE CHOICE OF CEREAL	HONEY CITRUS GLAZED HAM AU GRATIN POTATOES GREEN BEANS CHEESECAKE	CHEESE PIZZA SIDE SALAD BREAD STICK APPLE SLICES
FRIDAY	12/26	CHEESE OMELET BACON CHOICE OF BREAD CHOICE OF BEVERAGE CHOICE OF CEREAL	SALMON CAKES W/ LEMON SAUCE POTATO WEDGES VEGETABLES BARS	SLOPPY JOE ON A BUN TATER TOTS VEGETABLES APRICOTS
SATURDAY	12/27	PANCAKES SAUSAGE LINKS CHOICE OF BEVERAGE CHOICE OF CEREAL	BEEF STEW OVER BROWN RICE VEGETABLES ICE CREAM	CHICKEN TENDERS MAC & CHEESE BITES VEGETABLES GRAPES
SUNDAY	12/28	COFFEE CAKE SCRAMBLED EGGS CHOICE OF BEVERAGE CHOICE OF CEREAL	CALIFORNIA CHEESEBURGER ON A BUN LET/TOM/ONIONS FRIES COOKIES	OPEN FACED TURKEY SANDWICH MASH POTATO TURKEY GRAVY VEGETABLES PEACHES